



IDAHO DEPARTMENT OF  
**HEALTH & WELFARE**

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## Information for Patients Recovering from COVID-19: Convalescent Plasma Donation

Research is occurring on an urgent basis to find a vaccine, medications and other treatments for COVID-19. One potential treatment option is the transfusion of plasma from donors who have recovered from the Covid-19 infection. This plasma is known as “Convalescent Plasma.”

As someone who is recovering from a COVID-19 infection, you may be able to help by donating your plasma. The convalescent plasma contains antibodies that help fight the disease and, in some cases, may result in a dramatic response in the recipient. Though this treatment is still experimental, preliminary data are promising.

Plasma donation is a simple procedure and it may result in potentially life-saving treatment for 2-3 patients. It usually takes two weeks after a positive Covid-19 test for these antibodies to be present in the plasma. A donor needs to have a positive COVID-19 test and be completely recovered before applying to donate. Donors who were tested by St. Luke’s can obtain their test results from [mychart.slhs.org](http://mychart.slhs.org).

**The American Red Cross Blood Center in Boise is the only agency in Idaho collecting Convalescent Plasma for the treatment of COVID-19.** If you are fully recovered, meet the general donor eligibility requirements (website below), and are interested in donating plasma, please contact the American Red Cross. You can contact them by phone or through their website for more information or to make an appointment to donate.

- Website to Review Red Cross General Donor Eligibility Criteria  
<https://www.redcrossblood.org/faq.html#eligibility>
- Website to Apply to Donate Convalescent Plasma  
<https://www.redcrossblood.org/donate-blood/dlp/plasma-donations-from-recovered-covid-19-patients.html>
- Phone: 1-800-RED-CROSS (1-800-733-2767)