



COVID-19

Division of Behavioral Health + Stakeholders

April 23, 2020
3pm-4pm MDT via WebEx

Hosted by Ross Edmunds,
Division Administrator



IDAHO DEPARTMENT OF
HEALTH & WELFARE



- Audio

If you are using your computer for audio and experience difficulty, please call 1-720-650-7664 access code: 281-033-498

- Mute - all participants are muted at entry

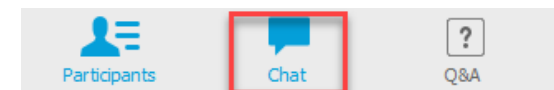
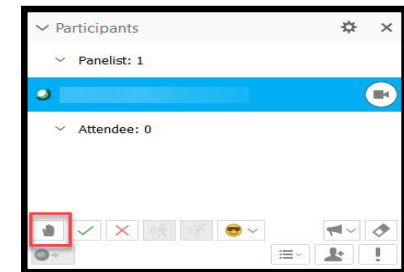
Please keep yourself on mute unless you are called on to speak to help minimize background noise.

- Raise your hand

You can use **Raise Hand** in the **Participants** panel to signal you have a question or response.

- Chat

Please open the chat window if you have comments or questions during the presentation.





Welcome and Introductions

Mission

Lead a collaborative behavioral healthcare system in Idaho.

Vision

People receive the behavioral health services they need when they need them.





OUTCOMES

- Review of COVID-19 landscape in ID and impact on Behavioral Health
- Review of DBH emergency response resources and products
- Hear from the participants on what is needed and experiences



The numbers

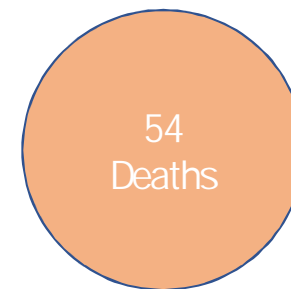
5



As of 10:15 am, April 3, 2020, the coronavirus.idaho.gov website reported:



As of 8:00am, April 23, 2020, the coronavirus.idaho.gov website reported:





- COVID Strike Team
- Response plan
 - Distress Line 1-888-330-3010
 - As of this morning, there have been 53 calls documented since 3/26/2020
 - Website
 - COVID-19 Links and Useful Information
 - Consumer and Provider Resource Guides
 - Telehealth information
 - Guidance for providers
 - Survey
 - Federal Funding Opportunities - SAMHSA



DBH COVID-19 Website

7



IDAHO Department of Health and Welfare

Search

[Home](#)[Children](#)[Families](#)[Food/Cash/Assistance](#)[Health](#)[Medical](#)[Providers](#)[About Us](#)[Contact Us](#)

You are here: Medical > Mental Health > COVID-19

COVID-19 Behavioral Health Information

Throughout the COVID-19 public health emergency, the Division of Behavioral Health (DBH) will provide additional guidance and resources for behavioral health providers, patients, and families. This webpage will serve as our communications hub and will contain all COVID-19 related information from DBH.

DBH is open for business and will remain open. We continue to serve Idahoans in need and support behavioral health providers.

The division has created a **COVID-19 Consumer Resource Guide** and a **Provider Resource Guide** to help you find Idaho, national, and state region-specific information during this difficult time, and the **Behavioral Health Newsletter** contains a lot of helpful information. Additional information and resources are listed under What You Need to Know.

Contact us by emailing behavioralhealth@dhw.idaho.gov or calling 1-833-644-8296. We're here to help.

Idaho COVID-19 Hotline:
1-888-330-3010
Monday-Friday 8 a.m. to 6 p.m.

coronavirus.idaho.gov

COVID-19

Sign up to receive the quarterly Behavioral Health newsletter

Email Address:


[Unsubscribe](#)

What You Need to Know

Identifying Behavioral Health Distress

Disaster situations and traumatic events can overwhelm our ability to cope. Often people experience anxiety, fear, helplessness, and hopelessness. Some of the signs of distress are listed below:

- Eating or sleeping too much or too little.
- Pulling away from people and things.
- Having low or no energy.
- Having unexplained aches and pains, such as constant stomachaches or headaches.
- Feeling helpless or hopeless.
- Excessive smoking, drinking, or using drugs, including prescription medications.
- Worrying a lot of the time or feeling guilty but not sure why.
- Thinking of hurting or killing yourself or someone else.
- Having difficulty readjusting to home or work life.



Cybersecurity
Accessibility
Privacy
Security

About Us


Non-Discrimination
Language Assistance
Public Records Request
Careers
Contact Us

Crisis Services


Report Child Abuse
Report Fraud

Related

Idaho CareLine
Live Better Idaho
Idaho.gov



IDAHO DEPARTMENT OF HEALTH & WELFARE





<https://healthandwelfare.idaho.gov/Medical/MentalHealth/COVID-19/tabid/4750/Default.aspx>

DBH COVID-19 Website Survey

8





Division of Behavioral Health COVID-19 Website Survey

The Department of Health and Welfare's Division of Behavioral Health has launched a new COVID-19 [behavioral health website](#) (link). Your input is critical to help us create the most useful website possible. Please feel free to visit the new website at any time during this survey.

What types of information and resources would be most helpful for The Division of Behavioral Health to include on the COVID-19 Website?

☐ Provider Protocols

☐ Social distancing techniques in a practice setting

☐ Provider self-care

☐ Telehealth implementation

☐ Federal/State Guidelines

☐ Other

Please list the online resources you frequently utilize to learn about COVID-19:

Has your practice/program changed significantly during the emergency response to COVID-19? If yes, please describe the change, what resources or help you may need to transition, and if you expect the change to last beyond the pandemic.

Yes	No	Comments
<input type="radio"/>	<input type="radio"/>	<input type="text"/>

How have your clients been impacted by COVID-19?

☐ Transportation needs

☐ Housing/shelter needs

☐ Food/income insecurity

☐ Interruptions to scheduled physical and behavioral healthcare

☐ Other

Please share any tips/advice you might have for your fellow behavioral health care providers during this pandemic. For example, you might have good information to share about providing care while social distancing, telehealth platforms, working with people who might be directly impacted by COVID-19, working with those anxious or in crisis due to COVID-19, etc.

Are there other topic areas that you feel are important to add to the new COVID-19 behavioral health website?

<https://app.keysurvey.com/f/41487891/5f8a/>



Substance Abuse and Mental Health
Services Administration

The Amount: \$2 million

The Time: 16 months

The Activities:

- Psychiatric Triage Centers
- Substance Use Disorder (SUD) Treatment
- Assistance for Front-Line Workers



Experience and input

Q & A

If you have a question, please let us know in the chat box and we will unmute you to ask it. If you ask a question in the chat box that we do not have time to answer, we will do our best to capture that question and follow-up with you after the meeting. Thank you.

Please feel free to email us your question(s) at behavioralhealth@dhw.idaho.gov

