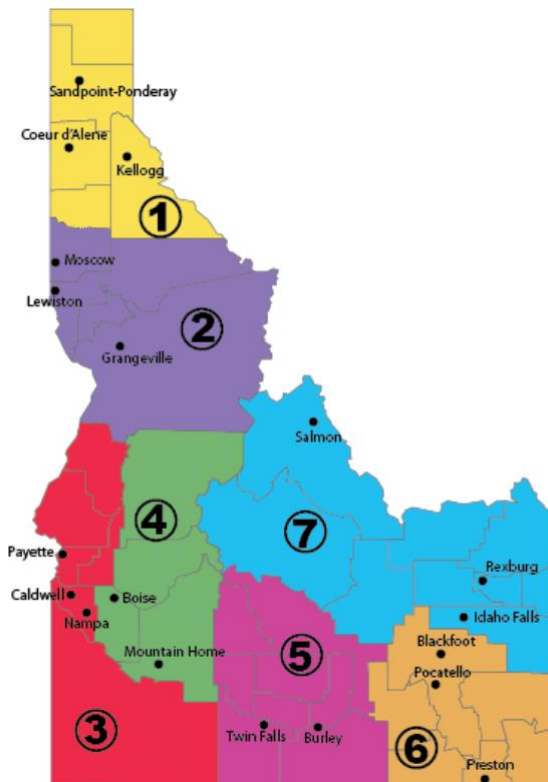


Covid-19 Resource Guide

Consumer Version

This resource guide was created by the Division of Behavioral Health at the Idaho Department of Health and Welfare. The mission of the Division of Behavioral Health is to provide services of the highest quality by working together to inspire hope, recovery, and resilience in the lives of Idahoans living with behavioral health disorders and their families. The division is the second largest healthcare payer in Idaho and provides healthcare and services to promote an outcome-based, efficient health and human services delivery system.



COVID-19 Resources

Click on the links below to find Idaho, national and region-specific resources.

[Idaho and National Resources](#)

[Region 1](#) — Benewah, Bonner, Boundary, Kootenai, Shoshone

[Region 2](#) — Clearwater, Idaho, Latah, Lew, Nez Perce

[Region 3](#) — Adams, Canyon, Gem, Owyhee, Payette, Washington

[Region 4](#) — Ada, Boise, Elmore, Valley

[Region 5](#) — Blaine, Camas, Cassia, Gooding, Jerome, Lincoln, Minidoka, Twin Falls

[Region 6](#) — Bannock, Bear Lake, Bingham, Caribou, Franklin, Oneida, Power

[Region 7](#) — Bonneville, Butte, Clark, Custer, Fremont, Jefferson, Lemhi, Madison, Teton

Idaho and National Resources

Click a topic below to view resources.

[Antibody Testing](#)

[Banking](#)

[Business Guidance](#)

[Centers for Disease Control](#)

[Census](#)

[Child /Family Resources](#)

[Cloth Face Coverings](#)

[COVID-19 Translations](#)

[Crisis Centers](#)

[Departments of Labor](#)

[Entertainment](#)

[Facebook Community Groups](#)

[Family Violence](#)

[First Responder and Healthcare Worker Childcare](#)

[First Responder and Healthcare Worker](#)

[Health and Human Services COVID 19 Behavioral Health \(federal\)](#)

[Hotels](#)

[Housing](#)

[Idaho COVID-19](#)

[Recovery Centers](#)

[Refugee Needs](#)

[Telehealth Services](#)

[Testing Sites](#)

[Therapy Toolkit](#)

[Unemployment \(see Department of Labor\)](#)

[Veterans](#)

[Volunteer Opportunities](#)

[Voting](#)

Antibody Testing [Return to section menu](#)

Serological tests detect antibodies in the blood generated during the immune response to a specific infection, such as COVID-19. They are different from tests such as PCR that detect the virus that causes COVID-19. Many new serological tests for COVID-19 have been developed; however, to date only four have been authorized by the Food and Drug Administration (FDA). Some companies are falsely claiming their serological tests have been approved by the FDA or that they can diagnose COVID-19 infections. The Idaho Division of Public Health discourages the use of unauthorized serology-based assays for diagnosis of COVID-19 or determining someone's infectious or immune status.

Banking / Financial [Return to section menu](#)

- Call your local bank to find out if there are option for services such as:
 - Skip a payment
 - Small or personal business loans
 - Phone payment fee waivers
 - Paycheck protection
- Non-filer economic impact payment: <https://www.irs.gov/coronavirus/non-filers-enter-payment-info-here>
- Direct deposit info for stimulus check: <https://www.irs.gov/coronavirus/get-my-payment>
- Immigrant Worker's Rights and COVID 19: <https://s27147.pcdn.co/wp-content/uploads/FAQ-Immigrant-Workers-Rights-COVID-19-Resource-v-2020-04-10.pdf>
- Idaho Housing and Finance has funds to aid in COVID-19 related housing and utility needs. Applicants must be Idaho residents, legally reside in the US, have an income that is 80% or less of the area's median income, owe past due rent/utilities or be unable to pay upcoming bill, and are not receiving a federal housing subsidy. Apply and learn more at: idahohousing.com/covid-19.

Business Guidance (see also Banking) [Return to section menu](#)

Free webinars cover the Economic Injury Disaster Loans, Paycheck Protection Program Loans, Employee Leave Tax Credits, and Employee Retention Tax Credits. All these programs and capital options are currently available to Idaho Businesses.

[Trainings and Webinars](#)

[Idaho Small Business Development Center - COVID 19 Help](#)

[Information for Small Businesses Navigating the COVID-19 Outbreak](#)

[SBA Guidance to COVID-19](#)

[SBA Disaster Loan Assistance](#)

[SBA Export Working Capital Program](#)

[Return to Main Menu](#)

RestoreYourEconomy.org

[Idaho Department of Labor – Coronavirus and Unemployment Insurance](#)

[COVID-19-Related Tax Credits for Required Paid Leave Provided by Small and Midsize Businesses – FAQs](#)

[Small Business Paycheck Protection Program](#)

[Idaho Department of Commerce](#)

Idaho Rebound Cash Grants – Application opens May 11, 2020:

<http://rebound.idaho.gov/idaho-rebound-cash-grants-for-small-businesses/> (all recipients will be displayed at [Tranparent.Idaho.Gov](https://Transparent.Idaho.Gov))

New emergency grants now available for childcare business owners – The

Emergency Grant is available to licensed and/or ICCP certified childcare providers who administer full time childcare, and who will be open and operating during the months for which funding is requested. Eligible expenses include staffing costs or hazard pay; cleaning and janitorial expenses; consumable supplies and materials; and general business operations such as rent or utilities. Applications for the emergency grants will be accepted May 1 through June 30. Interested childcare business owners can apply by downloading and completing the Idaho Child Care Emergency Fund application available at

<https://healthandwelfare.idaho.gov/Children/ChildCareAssistance/tabid/292/Default.aspx>.

Centers for Disease Control (CDC) [Return to section menu](#)

Find resources on the [CDC Website](#).

Central District Health (CDH) [Return to section menu](#)

Guidance for Behavioral health

<https://cdhd.idaho.gov/pdfs/cd/Coronavirus/Resource%20Docs/Behavioral-Health-COVID.pdf>

Guidance for Domestic Violence Victims

<https://cdhd.idaho.gov/pdfs/cd/Coronavirus/Resource%20Docs/Domestic-Violence-Victims-COVID.pdf>

Guidance for Law Enforcement

<https://cdhd.idaho.gov/pdfs/cd/Coronavirus/Resource%20Docs/Law-Enforcement-COVID.pdf>

Food and Cash Assistance

<https://cdhd.idaho.gov/pdfs/cd/Coronavirus/Resource%20Docs/Food-Cash-Assistance.pdf>

SNAP

<https://cdhd.idaho.gov/pdfs/cd/Coronavirus/Resource%20Docs/Law-Enforcement-COVID.pdf>

[Return to Main Menu](#)

WIC

<https://cdhd.idaho.gov/pdfs/cd/Coronavirus/Resource%20Docs/WIC-Program.pdf>

Census [Return to section menu](#)

<https://2020census.gov/>

Child/Family Resources [Return to section menu](#)

Talking with Children About Pandemic

<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/families-and-children#tools>

Family Preparedness

<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/families-and-children#tools>

Tool and Ideas

<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/families-and-children#tools>

<https://www.scholastic.com/parents/school-success/learn-at-home.html>

<https://funcheaporfree.com/resources-for-kids/>

<https://stories.audible.com/start-listen> (free stories for children)

<https://www.loc.gov/> (lots of activities including free art classes for children)

https://www.lakeshorelearning.com/?utm_source=google&utm_medium=ppc&utm_campaign=branded&gclid=EA1aIQobChMI86yI-Nre6AIVNRh9Ch1qtwopEAAYASAAEgIrg_D_BwE

<https://www.dancingwithoutlimits.com/> (free online dance classes for children with special needs)

<https://resources.stem.idaho.gov/> (STEM resources)

<https://www.kennedy-center.org/education/mo-willems/>

Videos and books for Kids

Coping After A Disaster

https://www.cdc.gov/cpr/readywrigley/documents/RW_Coping_After_a_Disaster_508.pdf (English)

https://www.cdc.gov/cpr/readywrigley/documents/RW_Coping_After_a_Disaster_508_SP.pdf (Spanish)

[Germ fighting superhero \(Daniel the Tiger\)](#)

[Coronavirus A book for children](#)

[Sticky A Germ's Story](#)

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[The germ called Coronavirus; A short guide for children](#)

Cloth Face Coverings [Return to section menu](#)

Cloth face covering DIY and CDC proper wearing guidance:

Videos

How to Make Your own Face Covering CDC -

https://www.youtube.com/watch?v=tPx1yqvJgf4&feature=emb_title

Face Mask Kit – <https://vimeo.com/399324367/13cd93f150>

DIY: How to sew Face Mask | NO Sewing Machine! –

<https://www.youtube.com/watch?v=xN0HH2Zb2hY>

DIY Cloth Face Mask – <https://www.instructables.com/id/DIY-Cloth-Face-Mask/>

Written Instructions: How to Wear a Cloth Face Covering CDC

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

How To Make A Face Mask – <https://www.allinahealth.org/-/media/allina-health/files/mask-sewing-how-to.pdf>

Face Mask Directions – <https://www.leadingagewa.org/wp-content/uploads/sites/296/2020/02/Instructions.pdf>

COVID-19 Translations

Endangered Language Project:

<https://docs.google.com/document/d/1DyvjFYRsOkpH9UeEBEmgFd6ehSLfpMtw8j6ZFvV8JPA/edit>

Crisis Centers [Return to section menu](#)

Live Better Idaho provides contact information and resources for crisis centers in Idaho.

<https://www.livebetteridaho.org/behavioral-health/crisis-centers-substance-use-disorder-and-mental-health-services>

Department of Labor [Return to section menu](#)

Employer Resources (scroll to middle of page)

<https://labor.idaho.gov/dnn/COVID-19>

Employee Resources, file an unemployment claim

<https://www2.labor.idaho.gov/ClaimantPortal/Login>

Search for job openings

https://idahoworks.gov/ada/r/search/jobs?is_subsequent_search=true&tags=COVID-19+Essential+Job

Nearest Labor office

<https://www.labor.idaho.gov/dnn/Local-Office-Directory>

[Return to Main Menu](#)

Entertainment [Return to menu](#)

National Emergency Library — *Services Offered:* 4 million digital books online for free, no waiting lists

<https://archive.org/details/nationalemergencylibrary>

Fender Play — 3 months free guitar lessons

<https://try.fender.com/play/playthrough/>

Gibson — free lessons during COVID 19

<https://www.gibson.com/News/Gibson-Gives-And-Sweetwater-Offer-Memberships-To-Amped-Guitar>

Collective Thriving Circle — shared storytelling about what you are choosing to let go of during this “forced stop” and how you will hold on to those choices once we are on the other side of this pandemic.

<https://events.r20.constantcontact.com/register/eventReg?oeidk=a07eh0wu2f8eddb8e54&oseq=&c=&ch=>

Georgia Aquarium’s Live Cameras! — may not always have action)

<https://www.georgiaaquarium.org/webcam/southern-sea-otter-webcam/>

<https://www.georgiaaquarium.org/webcam/beluga-whale-webcam/>

<https://www.georgiaaquarium.org/webcam/ocean-voyager/>

Houston Zoo Live Cameras! — Central time zone, between 7 AM-7 PM)

<https://www.houstonzoo.org/explore/webcams/>

San Diego Zoo Live Cameras — Pacific time zone, business hours

<https://kids.sandiegozoo.org/videos>

The Smithsonian — Top right corner, click first or second, then you can click on the dots on the map or the arrows on the floor to move through the Smithsonian!

<https://naturalhistory2.si.edu/vt3/NMNH/>

This is the Sistine Chapel in Vatican City, Rome! — you can use the +/- buttons to zoom into the arm and the arrows to move left, right, forward or back

<http://www.museivaticani.va/content/museivaticani/en/collezioni/musei/cappella-sistina/tour-virtuale.html>

British Museum — this one is a little complex, but you can do it! The list on the right are major categories, the dots are exhibits. Click on a dot, it makes music, then hit find out more, and click on the odd vertical bars! Its audio that teaches you about the images.

<https://britishmuseum.withgoogle.com/>

Women’s History — here is some oral history about Rosie the Riveter era of women’s history

<https://www.womenshistory.org/resources/general/rosie-riveter-oral-histories>

Facebook Community Groups [Return to section menu](#)

Go to the “groups” tab, type COVID 19 or some version of the phrase and local support groups will appear. Many mutual aid groups have been created for delivery of food, supply trade, etc

Family Violence Resources [Return to section menu](#)

National Domestic Violence Hotline- “Staying Safe During COVID 19”
<https://www.thehotline.org/2020/03/13/staying-safe-during-covid-19/>

Childhelp National Child Abuse Hotline is 1-800-4A-CHILD (422-4453)

Latino and Latina survivors can reach out to Casa de Esperanza at 1-651-772-1611

Native American and Alaska Native people can reach out to StrongHearts Native Helpline at 1-844-7NATIVE (762- 8483)

LGBTQ people can reach out to the Anti-Violence Project Hotline at 1-212-714-1141

Young people experiencing relationship or domestic violence can contact Love Is Respect at 1-866-331-9474

LGBTQ young people who may be experiencing abuse because of their gender or sexuality can contact the Trevor Project at 1-866-488-7386

First Responder and Healthcare Worker Childcare Resources [Return to section menu](#)

Coronavirus Counseling Assistance for Frontline Workers

View this flyer from the Division of Behavioral Health to learn about [Coronavirus Counseling Assistance for Frontline Workers](#).

Idaho Stars

Location/Service Area: Statewide

Phone: Call the 2-1-1 Idaho CareLine by dialing 2-1-1 or 1-800-926-2588

E-mail: iswebmaster@uidaho.edu

Hours of Operation: 8:00am to 5:00pm Monday – Friday [Website](#)

Services Offered: We assist families who are searching for Childcare to find providers who are open for essential workers.

Boise Schools

Location/Service Area: Grace Jordan, Whitney, Whittier, Morley Nelson Elementary Schools

Phone: 208-854-6722 [Website](#)

Hours of Operation: 8am-5pm for select children

Services Offered: Free childcare March 17-27 for those families with workers in high demand jobs

Boys and Girls Club of Ada

Location/Service Area: Moseley Center, Meridian Club, Peregrine Club, Desert Sage Club, Kuna Club

Phone: 208-376-4960 Website Hours of Operation: 7am-6pm weekdays

Services Offered: Boys and Girls Club locations are continuing to provide childcare to serve

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those families who absolutely must continue working. Visit www.adaclubs.org for more information

YMCA

Contact your local YMCA as they have nationally received grant money to provide childcare for healthcare workers

First Responder and Healthcare Worker Resources [Return to section menu](#)

COVID 19 Emergency Response Fund (help support first responder families with hardship)
<https://1strcf.org/>

Mental Health (see also Health and Human Services COVID 19 Behavioral Health Resources)
<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/health-care-providers>

STARR Family Behavioral Health
208-908-6399
24/7 Zoom counseling (EAP and all major insurance)

Short term housing (see Hotels)

Two-part workshop series May 18 and My 27 on managing stress and anxiety in a time of crisis, facilitated by [Elizabeth Guroff, MA, LCMFT](#), director of trauma-informed services.

- **Workshop #1:** *How to Lead Through COVID-19 Crisis in a Resilience-oriented Trauma-informed Way* on **Monday, May 18, 2-3:30 p.m. ET** identifies leadership strategies you can adapt to minimize the impact of anxiety on staff and techniques to promote resiliency and self-care in a trauma-informed way. [Register now.](#)
- **Workshop #2:** *Self-care and Promoting Post-traumatic Growth and Management During COVID-19* on **Wednesday, May 27, 2-3:30 p.m. ET** provides different strategies you can use to manage the impact of anxiety and worry on yourself and techniques to implement to enhance self-care during active crisis. [Register now.](#)

Health and Human Services COVID 19 Behavioral Health Resources (federal)

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<https://asprtracie.hhs.gov/technical-resources/115/covid-19-behavioral-health-resources/99>

- Preparations for 1st Responders & Healthcare Workers
- Caregivers for Children: Conversations about COVID 19
- Caregivers for Adults: Guidance and Recommendations
- Community Leaders: Guidance and Recommendations
- Educators: Helping Students Cope
- Self-Care for First Responders and Healthcare Workers
- Telehealth: Protocols, Ethics, and Practical Applications

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Hotels [Return to menu](#)

Idaho Hilton and Marriot hotels offering deep discounts for first responders and healthcare workers:

- For individual stays at Marriott up to 30 days, go to their website and under Special Rates, click Corporate / Promo / SET# and enter code: QWO.
- For special rates with Hilton, go to their website for [details and to check availability](#) and for bookings of ten or more people, please contact GroupMeetingRFP@Hilton.com or call 866-215-2929.

Housing [Return to menu](#)

Housing Preservation Program (HPP)

Available only to Idaho renters and provides assistance not only for rent, but also for utilities. To learn more about the Housing Preservation Program and its eligibility requirements, go to idahohousing.com/covid-19.

A call-line (1-855-452-0801) is available to applicants who need help submitting an application. You may be able to assist applicants by making a phone available for call line access, providing internet access, scanning documents and/or submitting documents to IHFA via fax.

Federal Housing Authority (FHA) Website

Services Offered: HUD housing has a 60-day moratorium for FHA insured mortgages, to last through the end of April.

Federal Housing Finance Agency

Services Offered: Mortgages backed by Fannie Mae or Freddie Mac will have [suspended foreclosures and evictions for 60 days](#), to last through mid-May.

Idaho Housing and Financial Association

Received a lot of COVID funds and is available to help anyone in need!

- No financial cap on the amount paid.
- Can pay up to three months' rent and utilities.
- 80% AMI cutoff for applicants.
- For people who own their home, will pay up to three months utilities.
- Applications are processed quickly and with little scrutiny.

Apply: <https://www.idahohousing.com>

Jesse Tree of Idaho

Location/Service Area: Ada and Canyon Counties

Phone: 208-383-9486 [Website](#)

Hours of Operation: Available by phone M-F, 8-5

Services Offered: "Jesse Tree operates a Housing Crisis Line Monday through Friday 9am-5pm. A Jesse Tree volunteer can provide you with information about the eviction process, support, and connections to help you navigate your situation and identify resources and strategies you can use to stay in your housing. Clients may also be offered more intensive case management and rental assistance."

Economic Opportunity - Micro-Enterprise and Finance
Location/Service Area: Treasure Valley and Twin Falls
E-mail: tmckinley@jannus.org Website

Services Offered: We are continuing to provide services remotely. Hours of operation M-F 8:30am-5pm. Rent/housing assistance and business assistance through emergency personal loans and small business loans. Interest and payments deferred for the first 4 months for those initiating new loans.

Idaho COVID-19 Resources [Return to section menu](#)

Covid-19 Distress Line 1-888-330-3010

When you're isolated at home, feelings of anxiety, loneliness, or worry may become overwhelming. Experiencing these feelings is common during times of heightened stress. Don't be afraid to reach out, we are here to help!

Covid-19 Idaho Website — <https://coronavirus.idaho.gov/>

Stay Healthy Order — <https://coronavirus.idaho.gov/stay-healthy-order/>

State Reopening — there are four stages to re-opening Idaho, beginning May 1. Dates of subsequent stages are subject to change if criteria are not met. Details are available at <https://rebound.idaho.gov/>.

SNAP benefits can now be used for online purchases — Supplemental Nutrition Assistance Program (SNAP) benefits can purchase groceries online starting today at Amazon and at Walmart locations in Jerome and Caldwell. All Walmart stores will accept online orders starting Thursday, May 7. Idaho has been approved to participate in the United States Department of Agriculture (USDA) online purchasing pilot project. SNAP recipients can choose in-store pick up or delivery, where available, but those who choose delivery will have to pay any delivery fee out of pocket. SNAP benefits do not cover these costs. Walmart and Amazon are the only retailers currently approved by USDA to accept SNAP benefits online in Idaho. Other retailers may apply directly with USDA to participate in this program. If the closest Walmart is in another state, check with the store to see if online purchasing is available. For more information on SNAP, visit www.livebettidaho.gov or call 855-289-1427 to apply.

Recovery Centers [Return to section menu](#)

Idaho Association of Recovery Community Centers
<https://www.idahorccs.com/recovery-community-centers-of-idaho>

Refugee Needs [Return to menu](#)

Idaho Office for Refugees has launched a YouTube channel with videos explaining aspects of COVID. Translations include Somali, Swahili, Arabic, and Kinyarwanda.
<https://www.youtube.com/channel/UCPmE-VxLKivYhCT7hLYnwKA>

Other translated information:

COVID: https://www.rescue.org/announcement/covid-19-info-14-languages?edme=true&fbclid=IwAR2ZcXxumEI48U0FU_U1wX_a6ksmffX_iQZ3MGGRp4xnGo64ZSPMQ3bfNqE

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State Order: <https://www.facebook.com/IRCboise/photos/pb.1478591585726090.-2207520000../2488497158068856/?type=3&theater>

Telehealth Services [Return to section menu](#)

Please call your insurance company to determine which providers are available for telehealth services:

- Aetna 1-800- 872-3862
- Allways Health Partners 1-855-444-4647
- Anthem Blue Cross 1-866-461-3585
- Aspire Healthplan 1-855-570-1600
- AvMed 1-800-477-8768 Medicare members 1-800-782-8633
- Blue Cross of Idaho 1-800-274-4018
- Cigna 1-866-912-1687
- Humana Medicare 1-800-457-4708
- Magellan Health 1-800-788-4005
- Molina Healthcare 1-800-835-2362
- Pacific Source 1-800-688-5008
- Regence BlueCross BlueShield 1-800-253-0838
- SCAN Health Plan 1-800-559-3500
- Sharp 1-800-827-4277
- United Healthcare 1-866-414-1959

If you continue to struggle, please call your regional Health and Welfare Behavioral Health office (see page 3) for assistance in making phone calls

Testing Sites [Return to section menu](#)

To find a testing site, go to [get-tested-covid19.org](https://www.get-tested-covid19.org) and type in a ZIP code. A list and map of testing centers within 40 miles of the ZIP code appear, along with information about the testing center such as:

- If an order is needed to get a test.
- If the site takes walk-ins or if appointments must be scheduled.
- If drive-through testing is available.

Basic information about each center is also shown, including hours of operation and directions.

Therapy toolkit (online apps/videos/handouts to provide clients) [Return to section menu](#)

General Mental Health

<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/mindfulness>

Healthy Habits

<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/mindfulness>

Mindfulness

<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/mindfulness>

Positive Emotions

<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/mindfulness>

Yoga and Movement

<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/mindfulness>

<https://www.youtube.com/channel/UChxVDIZyxWJXbAlqOIoh79w> (local studio)

<https://www.mindfulschools.org/>

Unemployment (see Department of Labor) [Return to section menu](#)

Veterans [Return to section menu](#)

VA FAQs- What Veterans Need to Know

<https://www.va.gov/coronavirus-veteran-frequently-asked-questions/>

Volunteer Opportunities [Return to section menu](#)

Mask Making

<https://www.instructables.com/id/DIY-Cloth-Face-Mask/>

Medical Supply Donations

<https://fs9.formsite.com/uwtv/COVID-19-PPE-supplies/index.html?1585176495234=>

Voting [Return to section menu](#)

<https://idahovotes.gov/absentee-request/>

<https://idahovotes.gov/vote-early-idaho/>

Region 1 —Benewah, Bonner, Boundary, Kootenai, Shoshone

Click a topic below to view resources.

[Health and Welfare Behavioral Health Offices](#)

[Behavioral Health Hospitals](#)

[Crisis Centers](#)

[Diapers](#)

[Food \(foodbanks, meal assistance, schools, etc.\)](#)

[Grocery Store Speciality Hours](#)

[Hotels \(Reduced Rates\)](#)

[Pets](#)

[Shelter Updates](#)

Health and Welfare Behavioral Health Offices [Return to Region 1 Menu](#)

Coeur d'Alene: 208-769-1406
Kellogg: 208-784-1352 x217
Sandpoint-Ponderay: 208-265-4532
After hours for all locations: 1-888-769-1405

Behavioral Health Hospitals [Return to Region 1 Menu](#)

Kootenai Behavioral Health
2003 Kootenai Health Way, Coeur d'Alene 208-625-4800

Crisis Centers [Return to Region 1 Menu](#)

Northern Idaho Crisis Center
2195 Ironwood Ct, Coeur d'Alene

Diapers [Return to Region 1 Menu](#)

Idaho diaperbank: <http://www.idahodiaperbank.org/>

Food (foodbanks, meal assistance, schools, etc.) [Return to Region 1 Menu](#)

Idaho foodbank: <https://idahofoodbank.org/>

Arlo's Restaurant
North Summit Church ACTS After School Program - Nora or Enis
(208) 263-4818
Sandpoint
free meal to families in need Meals can be picked up Monday - Friday between 4-6PM at 201 N. Division Street, First come, first serve.

Come Together North Idaho - Leo Hunsaker
Sandpoint
(208) 290-8213
Grocery runs for community members; receiving donations; distributing donations, etc.

CDA Backpack Program - Sarah Bradbury
Coeur d'Alene
208-869-6547
cdabackpackprogram@canvascda.com

Cherished Ones Ministries
401 N. 2nd.
Coeur d'Alene, ID 83814
208-704-0908
Sat. 2:30 to 6:00 bagged lunch

Eureka Institute Free Meal Initiative – Sandpoint
Tues 3-6 pm Eichardt's pub and Grill; 212 Cedar St
Thurs 3-6 pm Matchwood Brewing; 513 Oak St
Fri 3-6 pm Sandpoint Curry in a Hurry; in Ponderay next to the animal shelter or free delivery with 24-hour notice in Sandpoint, Ponderay, Kootenai City limits – please call 404-565-3131

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First Presbyterian Church
201 Lakeside Ave.
Coeur d'Alene, ID 83814 208-667-8446 Thursday 11:30 to 12:30 bagged lunch

Huckleberry Lanes
208-255-2695
Sandpoint
If you are hungry and need food for any reason at all message through their Facebook page.

Pack River Store - Paul
(208) 263-2409
Sandpoint
Free sack lunches EVERYDAY for Pack River Store porch pick-up!
Monday- Also a pick-up in town at The Burger Dock 11:30-1:30 or Sagle Conoco 12-1;
Friday- lunches will also be available at Arnie's Conoco in Kootenai

Grocery Store Speciality Hours [Return to Region 1 Menu](#)

Some store have hours for first responders and healthcare professionals, please call your local store for more information (Costco- show badge for fast pass admission during specialty hours)

Most grocery stores have hours for elderly consumers, please call your local store for details if not listed below:

Albertson/Safeway – all stores
Tuesday and Thursday – 7 to 9

Costco
Tuesday, Wed. Thursday - 8:00 to 9 They are allowing health care workers and first responders to the front of admission lines

Fred Meyer
Tuesday and Thursday – 7 to 9

Super One Grocery – all stores
Tuesday and Thursday – 7 to 9
They are working on the possibility of free delivery to elders

Yokes Fresh Markets – all stores
Wednesday 6 am – 9 am (pharmacy hours 7am – 9am)

Hotels (Reduced Rates) [Return to Region 1 Menu](#)

Dynamic by Hotel Inn (formerly Quality Inn)
809 N Fifth Ave, Sandpoint, ID 83864
(208) 263-2767

- \$49.99 plus tax nightly rate
- \$189 plus tax weekly rate
- \$564 plus tax monthly rate

[Return to Main Menu](#)

Fairbridge Inn & Suites
476841 US-95, Ponderay, ID 83852
(208) 263-2210

- \$25 for doctors and emergency responders to be closer to the hospital for shifts
- \$25 for truck drivers day rate (less than 6 hours) to shower/get a meal
- \$45.99 per night if paying for a week in advance

Hotel Ruby
477255 US-95, Ponderay, ID 83852
(208) 263-5383

- \$55.24 per night M-F; slightly more expensive on Sat/Sun

Kootenai Valley Motel
6409 S Main St, Bonners Ferry, ID 83805
(208) 267-7567

- \$350 plus tax weekly rate

Pets [Return to Region 1 Menu](#)

Red Rover has grants for vet care, emergency boarding, and pet food
<https://redrover.org/2020/03/23/coronavirus-covid19/>

Kootenai Humane Society
11650 N Ramsey Rd,
Hayden, ID 83835
(208) 772-4019

Panhandle Animal Shelter
870 Kootenai Cutoff Rd.
Ponderay, ID 83852
208-265-7297

Recovery Centers

Kootenai Recovery Community Center
1621 N 3rd Street
Coeur d'Alene, ID 83814
208-932-8005

Shelter Updates [Return to Region 1 Menu](#)

Family Promise
501 E. Wallace
Coeur d'Alene, ID 83814
208-777-4190
Business as usual

[Return to Main Menu](#)

Safe Passages Women's Shelter

208-664-9303

Telephone screening for fit in the shelter and symptom check

St. Vincent de Paul Help Center

201 E. Harrison

Coeur d'Alene, ID 83814

208-664-3095

People are allowed in the shelters; however, they must go to Heritage Outreach Clinic and be checked before they are allowed to enter.

Region 2 — Clearwater, Idaho, Latah, Lewis, Nez Perce

Click a topic below to view resources.

[Health and Welfare Behavioral Health Offices](#)

[Behavioral Health Hospitals](#)

[Crisis Centers](#)

[Diapers](#)

[Food \(foodbanks, meal assistance, schools, etc.\)](#)

[Grocery Store Speciality Hours](#)

[Hotels \(Reduced Rates\)](#)

[Pets](#)

[Recovery Centers](#)

[Shelter Updates](#)

Health and Welfare Behavioral Health Offices [Return to Region 2 Menu](#)

Grangeville: 208-983-2300
Lewiston: 208-899-4440
Moscow: 208-882-0562

Behavioral Health Hospitals [Return to Region 2 Menu](#)

St. Joseph Regional Medical Center
415 6th St, Lewiston 208-743-2511

Crisis Centers [Return to Region 2 Menu](#)

Rural Crisis Center Network
(877) 897-9027
1002 Idaho St, Lewiston
1275 Riverside Ave, Orofino
531 S Main St, Moscow

Diapers [Return to Region 2 Menu](#)

Idaho diaperbank: <http://www.idahodiaperbank.org/>

Food (foodbanks, meal assistance, schools, etc.) [Return to Region 2 Menu](#)

Idaho foodbank: <https://idahofoodbank.org/>

Idaho School Feeding Sites
<https://batchgeo.com/map/3195baf394a7f7db04ce06c69b17842f>

See the Community Resources link: <https://www.ci.moscow.id.us/181/Poverty-on-the-Palouse>.

Page 30 lists resources that are still available during COVID-19.

Blessed Hope Assembly of God
1033 Burrell Ave
Lewiston, ID P: 208-743-4874
Wed and Thursday 10a-2p

Valley Christian Center
3215 Echo Hills
Lewiston, ID Dr
P: 208-746-0401 Tuesday and Wed 10a-2p

Salvation Army Lewiston
1220 21st Street
Lewiston, ID P: 208-746-9653
Dinner M/T/W/F (5-6pm), Pantry Tuesday-Friday 1-4:30p

Episcopal Church of the Nativity
731 8th Street
Lewiston, ID
P: 208-743-9121

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All ages are welcome to receive food at the food pantry every Tuesday from 8:45 – Noon.
Dinner 2nd and last Saturday 4-5:30p

Grace Lutheran 3434 6th Street
Lewiston, ID 208-791-2780
Dinner 1st, 3rd, and 5th Saturday 5-6:30p

Mobile Ministries
1700 8th Street
Lewiston, ID P: 208-743-9501
1st and 3rd Friday 5-7p

Orchards Baptist Church
1002 Bryden Ave
Lewiston, ID
P: 208-743-5302
January – October 2nd and 4th Thursday's from 4-6 pm

St. Vincent De Paul Lewiston Food Bank
3138 5th Street
Lewiston, ID P: 208-746-7860.
Call ahead for appointment 9:30-1 Monday thru Friday

Community Action Partnership Food Bank
124 New 6th Street
Lewiston, ID
P: 208-798-4210 Monday thru Friday 9am-4pm

The Idaho Food Bank Lewiston 3331 10th
Lewiston, ID Street
P: 208-746-2288

Lewiston-Clarkston Valley Meals on Wheels
415 6th Street Lewiston, ID
P: 208-799-5767

For senior citizens, shut-ins, and handicapped people" \$4 per day for full program; one hot meal and sack lunch. OR \$3 a day for hot meal only. Milk may be added for .25c. Meals are delivered by 1pm

Grocery Store Speciality Hours [Return to Region 2 Menu](#)

Some store have hours for first responders and healthcare professionals, please call your local store for more information (Costco- show badge for fast pass admission during specialty hours)

Most grocery stores have hours for elderly consumers, please call your local store for details if not listed below:

Albertsons
Tuesday and Thursday 6am-9am

Costco
Tuesdays and Thursdays 8-9am

[Return to Main Menu](#)

Rosaur's
Tuesday and Thursday from 7am – 9 pm

Hotels (Reduced Rates) [Return to Region 2 Menu](#)

Inn America
\$49 if referred by recovery center
402 21st St, Lewiston
208-746-4600

Clarkston
Astor Motel (208) 553-3103
Sunset Motel (208) 553-3103
Bridge Street Inn 509-758-5566
Hacienda Lodge 509-758-5583

Downtowner
113 E North St, Grangeville, ID 83530
[Phone: \(208\) 983-1110](tel:(208)983-1110)

Lewiston
Evergreen Motel 208-746-5851
El Rancho Motel 208-743-8517
Hillary Motel 208-743-8514
Golden Oak Inn 208-743-9424

Moscow
Hillcrest Motel 208-882-7579 \$266/wk
Monarch Motel (Royal Motor Inn) 208-882-2581 \$300/wk *negotiable*

Pets [Return to Region 2 Menu](#)

Red Rover has grants for vet care, emergency boarding, and pet food
<https://redrover.org/2020/03/23/coronavirus-covid19/>

Lewis Clark Animal Shelter
6 Shelter Rd
Lewiston ID 83501
208-746-1623
Call for appointment.
<http://lcshelter.org/>

Humane Society of the Palouse
2019 E White Ave
Moscow ID 83843
208-883-1166
Call for appointment.
<https://www.humanesocietyofthepalouse.org/>

Clearwater Humane Society
161 Main St
Orofino ID 83544

[Return to Main Menu](#)

208-476-9823
Call for appointment

Recovery Centers [Return to Region 2 Menu](#)

Latah Recovery Center
531 Main Street
Moscow, ID 83843
208-883-1045

First Step 4 Life
703 8th Street
Lewiston, ID 83501
208-717-3881

Shelter Updates [Return to Region 2 Menu](#)

Sojourners Alliance
208-310-4554
Operates a transitional housing facility as well as a permanent housing program.
Their office is closed, but you may call for housing assistance questions.
<https://www.sojournersalliance.org/>

First Step 4 Life
1002 Idaho St.
Lewiston ID 83501
(208) 717-3881
<http://firststep4life.com/>
Call to learn about sheltering options during COVID-19.

Region 3 — Adams, Canyon, Gem, Owyhee, Payette, Washington

Click a topic below to view resources.

[Health and Welfare Behavioral Health Offices](#)

[Behavioral Health Hospitals](#)

[CMH Student Support](#)

[Crisis Centers](#)

[Diapers](#)

[Food \(foodbanks, meal assistance, schools, etc.\)](#)

[Grocery Store Speciality Hours](#)

[Hotels \(Reduced Rates\)](#)

[Pets](#)

[Recovery Centers](#)

[Shelter Updates](#)

Health and Welfare Behavioral Health Offices [Return to Region 3 menu](#)

Caldwell: 208-459-0092
Nampa: 208-459-0092
Payette: 208-642-6416

Behavioral Health Hospitals [Return to Region 3 Menu](#)

West Valley Behavioral Health
1717 Arlington Ave, Caldwell
208-459-4641

CMH Student Support [Return to Region 3 Menu](#)

(208) 455-7089
Covers school districts in Canyon, Owyhee, Payette, Gem, Washington, and Adams Counties
Clinicians are available to talk about online class stress, loneliness, and isolation.

Crisis Centers [Return to Region 3 Menu](#)

Western Idaho Crisis Center
524 Cleveland Blvd, Ste 160, Caldwell

Diapers [Return to Region 3 Menu](#)

Idaho diaperbank: <http://www.idahodiaperbank.org/>

Food (foodbanks, meal assistance, schools, etc.) [Return to Region 3 Menu](#)

Idaho foodbank: <https://idahofoodbank.org/>

Idaho School Feeding Sites

<https://batchgeo.com/map/3195baf394a7f7db04ce06c69b17842f>

Canyon County

<https://selfrescuemanual.com/> pages 16-17

Grocery Store Specialty Hours [Return to Region 3 Menu](#)

Some store have hours for first responders and healthcare professionals, please call your local store for more information (Costco- show badge for fast pass admission during specialty hours)

Most grocery stores have hours for elderly consumers, please call your local store for details if not listed below:

Albertsons (All Albertson's)- Nampa, Homedale, Payette, Emmett,
208-454-1271
Hours: 7am to 10pm 7 days a week
Senior Hours: Tues and Thursday 7 am to 9am

Asian Grocery
453 Caldwell Blvd
Nampa ID 83651

[Return to Main Menu](#)

208-461-5006

Hours: 930am to 8pm Monday to Thurs, Friday 8am to 8pm, Sat 9am to 8pm Sunday, 10 am to 7pm

Senior hours: No

Bi-Mart

425 N 10TH Ave

Caldwell ID 83605

208-614-6237

Hours: Mon to Frid 9 am to 8pm Sat/Sun 9am to 6pm

Senior Hours: No

Caldwell Meats

2609 Blaine St

Caldwell ID 83605

208-455-1887

Hours: Mon to Sat 11am to 6 pm

Senior hours: No

Cliff's Country Market

217 Blaine St

Caldwell ID 83605

208-455-2460

Hours: 8 am to 7pm closed Sunday

Senior hours: No

Fred Meyer

50 2ND St S

Nampa ID 83651

208-465-2830

Hours: 7am to 10 pm

Senior hours: Mon – Thurs 7am to 800am

Greenleaf Store

21358 Main St

Greenleaf ID 83626

208-459-3248

Hours: Mon to Fri 8am to 5pm Sat/Sun closed

Grocery Outlet

4907 Cleveland Blvd

Caldwell, ID 83605

208-455-1099

Hours: 8am to 9pm 7 days a week

Senior hours: No

Logans Market

801 Main St

Marsing ID 83639

208-896-4222

Hours: 8am to 7pm 7 days a week

Senior: No

[Return to Main Menu](#)

M and W

109 E Grove Ave

Parma ID 83660

208-722-6373

Hours: Mon to Sun 7am to 9pm

Senior: Mon Wed 7 am to 8am Sat 7am to 9am

Matteson's Country Store

124 5th St #5540

Wilder ID 83676

208-482-9210

Store hours: Mon to Sat 5 am to 10pm Sunday 6am to 10pm

Senior hours: No

Pantera Market

2502 E Linden

Caldwell ID 83605

208-455-1908

Hours: 8 am to 8pm 7 days a week

Senior Hours: No

Pantera Market # 2

1802 N Franklin Blvd

Nampa ID 83687

208-461-1110

Hours: Monday to Friday 9am to 7pm (Store) Sat/Sun 8am to 9am

Senior Hours: No

Ridley's

430 E Main St

Middleton ID 83644

208-585-3043

Hours: 7am to 11 pm 7 days week

Senior Hours: Mon — Wed 6am to 7am

Walmart

5108 Cleveland Blvd

Caldwell ID 83607

208-455-0066

Store Hours: 7am to 830pm

Pharmacy Hours: 8am to 7pm

Senior hours: Tuesday 6 am to 7am.

Winco

2020 Caldwell Blvd

Nampa, ID 83651

208-466-3325

Hours: 5 am to 10pm (Subject to change)

Senior Hours: Tuesday and Thursday 6 am to 7:30 am

Hotels (Reduced Rates) [Return to Region 3 Menu](#)

Budget Inn
512 E Frontage Rd
Caldwell ID 83605
208-455-0080
Reduced rate (subject to change) \$59 per day

Fairfield Inn and Suites
16150 N Merchant Way
Nampa ID 83687
208-467-5888
Reduced rate for healthcare workers \$79 per day

Holiday Inn Nampa
16245 N Merchant Way
Nampa ID 83687
208-468-0944
Discount for essential government workers or EMS staff (with valid work badge to confirm)
\$96 government worker \$85 EMS
Only until end of pandemic

Holiday Inn Express and Suites
4104 E Flamingo Ave
Nampa ID 83687
208-466-4045
Pay for one night then 50% off for up to seven nights.
1st night may be \$119

La Quinta
901 Specht Ave
Caldwell ID 83605
208-455-2222
Rates reduced to \$72 per night

Payette Motel
625 S Main St
Payette ID 83661
208-642-2203
\$60 per night. Not reduced but only motel in Payette

Sleep Inn
1315 Industrial Rd
Nampa ID 83687
208-463-6300
Healthcare, essential workers, Fire department, police officers
Daily rate \$65 single, \$70 double. Discount 26% off

Super 8
624 Northside Blvd
Nampa ID 83687
208-936-2005

People who have been displaced, due to Covid-19, get the weekly rate of \$51.36 per night

Pets [Return to Region 3 Menu](#)

Red Rover has grants for vet care, emergency boarding, and pet food

<https://redrover.org/2020/03/23/coronavirus-covid19/>

West Valley Humane Society
5801 Graye Ln
Caldwell ID83607
208-455-5920
Hours: 9am to 4pm mon to Saturday
Adoption by appointment only

Pet Haven Cat Adoption Center
333 Orchard Ave
Nampa ID 83651
208-466-1298
Mon- closed. Tues to Fri 10am to 6pm Sat 12pm to 4pm Sun closed

Furever Haus
411 E Locust Ln
Nampa ID 83686
208-720-3897
Hospice for Senior pets. Available to complete pet intake by phone.

Payette Partners Rescue Ranch
5138 Blaine RD
New Plymouth ID 83655
208-697-6584 (Message number only)
Hours: 9am to 5pm

Pet Adoption League
1526 N Washington Ave
Emmett
ID 83617
208-365-1359
Pet food pantry: Called and leave a msg at office number. Or emails aalofgc@gmail.com
Adoptions appt only. Email Palofgc@gmail.com

Recovery Centers

Gem County Recovery Community Center
115 S McKinley St
Emmett, ID 83617
208-398-5151

[Return to Main Menu](#)

Canyon Recovery Community Center
524 Cleveland Blvd. Ste. 230
Caldwell, ID 83605
208-800-0444

Shelter Updates [Return to Region 3 Menu](#)

All the agencies listed below have Covid-19 screening processes that consist of clients completing a written Covid-19 exposure/symptom questionnaire, temperature is taken, and masks are issued/worn inside their facilities by staff and clients.

Valley Women and Children's Shelter
869 W Corporate Ln
Nampa ID 83651
208-475-0725
Beds available.

If patient has been exposed to Covid will need to test. They have availability to quarantine if needed.

Lighthouse Rescue Mission
304 16th Ave
Nampa ID 83687
208-461-5030

Overnight shelter call 208-461-5030 or drop by

Meals: Breakfast 6am, Lunch 12am, dinner 630pm (open to women, children and men)

Staff member was not sure what restrictions were in place at this time but indicated they do have an area to quarantine someone if needed.

Hope's Door
Caldwell ID 83605
208-459-4779

At this time, they are full. They do have a waitlist at this time. They are doing waitlist intake over the phone Monday to Friday 9am to 5pm.

Region 4 — Ada, Boise, Elmore, Valley

Click a topic below to view resources.

[Health and Welfare Behavioral Health Offices](#)

[Behavioral Health Hospitals](#)

[Boise School District SAFE \(Student Aid Fund for Emergencies\) Hotline](#)

[COVID-19 Support Group](#)

[Court Assistance](#)

[Crisis Centers](#)

[Diapers](#)

[Food \(foodbanks, meal assistance, schools, etc.\)](#)

[Grocery Store Speciality Hours](#)

[Hotels \(Reduced Rates\)](#)

[Pets](#)

[Recovery Centers](#)

[Shelter Updates](#)

[Transportation](#)

Health and Welfare Behavioral Health Offices [Return to Region 4 Menu](#)

Boise: 208-334-0808 x2
Mountain Home: 208-334-0808 x2

Behavioral Health Hospitals [Return to Region 4 Menu](#)

Intermountain Hospital
303 N Allumbaugh St, Boise 208-377-8400

St. Al's Behavioral Health Hospital
131 N Allumbaugh St, Boise 208-302-0900

Lifeways Hospital
8050 W Northview, Boise 208-327-0504

Cottonwood Creek Behavioral Health
2131 S Bonito Way, Meridian 208-202-4700

Boise School District SAFE (Student Aid Fund for Emergencies) Hotline

Call 208-472-2233. English, Spanish, Arabic, and Swahili speakers are available to discuss topics such as groceries, pharmacy needs, laundry, rental, internet, and utility supports. If your child is not in the Boise school district, please call your child's school for further details.

COVID Support Group [Return to Region 4 Menu](#)

A Body and Mind virtual "Coping with COVID 19 Support Group" starts Thursday, May 14th from 1000 AM to 1200 PM. Call 208-683-8320 to sign up (Medicaid and self-pay accepted).

Court Assistance

Jesse Tree Eviction Court assistance

Complete this referral form: <https://www.jesstreeidaho.org/eviction-court>

SW will reach out to you and help find a probono attorney to help during your eviction court hearing. The agency has also received private donations due to COVID to offer additional help such as rental arrears, deposit assistance, etc. in eviction court.

Crisis Centers [Return to Region 4 Menu](#)

Pathways Crisis Center
7192 Potomac Dr, Boise
208-489-8311

Pathways is helping with medical clearance for voluntary mental health hospital admissions, again please call 208-489-8311 for information (24/7 availability). Additionally, Pathways can help individuals attend telehealth appointments if they do not have a smart phone or viewing device. Individual can call Pathways to discuss scheduling options (M-F 8 AM-5 PM): 208-489-8311.

Diapers [Return to Region 4 Menu](#)

Idaho diaperbank: <http://www.idahodiaperbank.org/>

Food (foodbanks, meal assistance, schools, etc.) [Return to Region 4 Menu](#)

Idaho foodbank: <https://idahofoodbank.org/>

Ada County

<https://selfrescuemanual.com/> pages 16-18

City of Boise Interactive Food Map

<https://www.arcgis.com/apps/Nearby/index.html?appid=749daaeff57f4814977a83e3daffc41e¢er=-116.2007,43.6162&level=14>

Grocery Store Speciality Hours [Return to Region 4 Menu](#)

Some store have hours for first responders and healthcare professionals, please call your local store for more information (Costco- show badge for fast pass admission during specialty hours)

Most grocery stores have hours for elderly consumers, please call your local store for details if not listed below:

Albertsons

All Albertsons grocery locations

Special shopping hours for the most at-risk populations (i.e. elderly, expectant mothers)

7am-9am on Tuesdays and Thursdays

Boise Co-Op

Boise, Meridian

Phone: 208-472-4500

Hours of Operation: 9am-8pm daily

Shopping hour for 60+ 8am-9am daily.

Please bring ID for age verification.

Boise Farmer's Market

The opening of the Boise Farmer's Market has been postponed, but they have compiled a list of their local vendors who are offering delivery or pickup.

Costco

Seniors and those with a physical disability Tuesday and Thursday 8am - 9am

Fast pass for 1st responders and healthcare workers

CVS Pharmacy

Free delivery of prescriptions and other essentials, video visit with health care practitioner, early prescription refills and 90 day prescription supply (on some prescriptions)

Fred Meyer

Senior shopping hour 7-8am, Monday — Thursday

Life's Kitchen

Treasure Valley

208-331-0199

Lunch: Tuesday - Friday 11am to 1pm. Curbside delivery.

Call in orders to 208-331-0199 X303.

[Return to Main Menu](#)

Ridley's Family Markets
Senior shopping from 6 am-7 am daily

Rite Aid
Senior/weakened immune system shopping hours everyday from 9am-10am

Stinker Gas Stations in Albertsons' Parking Lots
Employees available to pump gas for seniors 7am-9am Tuesday and Thursday

Target
The first hour of shopping each Wednesday is reserved for vulnerable guests such as elderly and those with underlying health concerns.

Walgreens
Senior shopping 8am-9am every Tuesday, free prescription delivery to your door

Walmart
Senior hour Tuesdays from 6-7am. Vision and pharmacy also open.

Whole Foods
Guests 60+ can shop between 7am-8am

WinCo
Guests 60+ and vulnerable populations can shop 6am-7:30am Tuesdays and Thursdays

Hotels (Reduced Rates) [Return to Region 4 Menu](#)

Boise State University has opened its dorms to first responders and healthcare workers who need to isolate during the pandemic.

Holiday Inn
2970 Elder St., Boise
208-344-7444
\$59/night group rates

Hampton Inn
3270 S. Shoshone St., Boise
208-344-7444
\$59/night group rates

Holiday Express
3050 S Shoshone St., Boise
208-342-4322
\$59/night group rates

La Quinta
2613 S Vista Ave., Boise
208-338-0800
\$59/night group rates

Fairfield Inn
3300 S Shoshone St., Boise
208-331-5656
\$59/night group rates

Pets [Return to Region 4 Menu](#)

Red Rover has grants for vet care, emergency boarding, and pet food

<https://redrover.org/2020/03/23/coronavirus-covid19/>

Idaho Humane Society
<https://en-gb.facebook.com/idahohumanesociety>

Recovery Centers

P.E.E.R Wellness Center
5371 Franklin Road
Boise, ID 83705
208-991-3681

Shelter Updates [Return to Region 4 Menu](#)

Due to the oppressive heat and the lack of spaces for our vulnerable community members during COVID, Interfaith Sanctuary, CATCH, the Boise Public Library and SHIP have teamed up together to provide a staffed, cooling space in the downtown Boise Public Library. While individuals are at the library, they have the opportunity to connect with Interfaith case managers or Our Path Home Outreach workers. We're hoping that this can be an opportunity for people who struggle to engage with services and get some of the basic things they need, like IDs, social security cards, housing connections, etc. Please see below for details.

Boise Public Library

Open from 10am-1pm and 2:30-4:30pm Monday through Friday.

- Currently working on a plan to staff the library on weekends.
- Enter through the back of the building (there are signs).
- Closed from 1-2:30. All guests are invited to Interfaith for lunch.
- There is a shuttle to and from the library for individuals with mobility issues. It departs from in front of Corpus Christi (the location may change, but any changes will be communicated). People need to sign up for the shuttle at Interfaith or Our Path Home Outreach.
- Masks are required and provided for those who do not have one.

[Return to Main Menu](#)

Corpus Christi House- Day Shelter

Current Hours - Mon-Sat, 10-2 for showers and storage

Mon- Sat, 12-2 for computers, mail, and bus passe

**No meals are being served at Corpus at this time.

Interfaith Sanctuary- Night Shelter

- Currently accepting single individuals (adults) into the shelter, check in starts at 4pm.
- Currently there are no available rooms at the Red Lion for families or medically fragile individuals,
- Not accepting out of state guests.
- Intake is on a case by case basis for clients who been asked or choose to leave River of Life and go to Interfaith.
- Meals are currently out back
 - Breakfast is at 8:00, 8:30 Mon-Fri; 9:00, 9:30 Sat-Sun
 - Lunch is at 1:30
 - Dinner is at 5pm, with seconds going out (if available) around 6pm

Boise Rescue Mission

City Light- Women and children can go in and out. Check in is at 4pm.

River of Life- Currently, all facilities are operating under our normal intake procedures with the addition of continued screening questions for COVID-19 symptoms or exposures. Daily temperature checks are required on everyone who comes in.

Transportation [Return to Region 4 Menu](#)

Injury Care EMS COVID related transportation: Injury Care EMS and Resilient Transport provide patient transport and EMS services for the Boise area. These services include ALS, BLS and Critical Care ambulance capabilities, as well as non-medical transports for patients in wheelchairs or needed gurney transports. Typically, wheelchair and gurney transports are utilized for planned events, like going to a doctors' appointment or testing. Ambulance services are used for unplanned or urgent trips to a higher level of care, usually a hospital.

- Transportation service is available 24/7, and can be provided to both Ada/Canyon County, services provided outside the Treasure Valley will be evaluated case-by-case.
 - Transportation to COVID19 testing sites
 - Transportation to Hospital or respective clinic for COVID19 related services
 - Transportation for COVID19 patients who are discharged from the Hospital
- To schedule, call Injury Care EMS (Dispatch) 208-914-3846.
 - If a billing payer is available (Medicaid, Insurance etc.) EMS Transportation will bill accordingly, directly to the payer
 - If there is not a payer (Medicaid, Insurance etc.) there will not be a charge for COVID19 related services (Testing, treatment etc.)

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Region 5 — Blaine, Camas, Cassia, Gooding, Jerome, Lincoln, Minidoka, Twin Falls

Click a topic below to view resources.

[Health and Welfare Behavioral Health Offices](#)

[Behavioral Health Hospitals](#)

[Crisis Centers](#)

[Diapers](#)

[Food \(foodbanks, meal assistance, schools, etc.\)](#)

[Grocery Store Speciality Hours](#)

[Hotels \(Reduced Rates\)](#)

[Pets](#)

[Recovery Centers](#)

[Shelter Updates](#)

Health and Welfare Behavioral Health Offices [Return to Region 5 Menu](#)

Burley
208-677-5390
2241 Overland Ave
Burley, ID 83318

Twin Falls
208-736-2177
823 Harrison
Twin Fall, ID 83301

Behavioral Health Hospitals [Return to Region 5 Menu](#)

St. Luke's Canyon View Hospital
228 Shoup Ave, Twin Falls
208-814-7900

Crisis Centers [Return to Region 5 Menu](#)

Crisis Center of South Central Idaho
1-866-737-1128
570 Shoup Ave, Twin Falls

Diapers [Return to Region 5 Menu](#)

Idaho diaperbank: <http://www.idahodiaperbank.org/>

Food (foodbanks, meal assistance, schools, etc.) [Return to Region 5 Menu](#)

Idaho foodbank: <https://idahofoodbank.org/>

Idaho School Feeding Sites
<https://batchgeo.com/map/3195baf394a7f7db04ce06c69b17842f>

Salvation Army
348 4th Ave N. Twin Falls 208-733-8720
Bread line:
Tuesday & Wednesday 10:30am- 1pm, Thursday 10:30 am -1pm & 2pm -4pm
Food boxes for elderly and families with children:
Monday 9:30am -1pm; appointments available 2pm -4pm
Tuesday 10:30am -1pm & 2pm -4pm
Wednesday 10:30am -1pm; appointments available 2pm -4pm
Thursday 10:30am -1pm and 2pm-4pm

Blaine County Hunger Coalition
121 Honeysuckle St.
Bellevue, Idaho
208-788-0121

Martha and Mary's Food Pantry

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212 3rd Ave E
Jerome, Idaho
208-404-6610

Wendell Food Pantry
335 East 1st Ave E.
Wendell, Idaho
208-536-6635

Helping Hands Christian Outreach
1250 Miller Ave.
Burley, Idaho
208-878-9140

Lighthouse Pentecostal Church of God
500 5th St.
Filer, Idaho
208-543-4647

W.E.M.A . Emergency Food Pantry
908 Maple Street
Buhl, Idaho
208-329-2393
1st, 3rd, and 4th Tuesday 1:30 PM-4:30PM
2nd Wednesday 1:30PM-4:30PM

Mini-Cassia Area Humanitarian Center
723 F St.
Rupert, Idaho
208-261-2533

Mountain View Food Pantry
317 Mountain View Lane
Burley, Idaho
208-678-5460

Rock Creek Food Pantry
325 ½ Madison St.
Kimberly, Idaho
208-212-0787
First Tuesday of the Month 4:30PM-7:00PM
Third Tuesday of the month 4:30PM-7:00PM

South Central Community Action Partnership
550 Washington St South
Twin Falls, Idaho
208-733-9351
314 East 5th St.
Burley, Idaho
208-678-3514

Light of Hope
213 5th Ave. W.
Twin Falls, Idaho
208-735-8787
Thursdays 2PM-4PM

Mustard Seed Community Services
736 Main Ave. N.
Twin Falls, Idaho
208-733-9515
Monday- Thursday 1 PM-4 PM

Grocery Store Speciality Hours [Return to Region 5 Menu](#)

Some store have hours for first responders and healthcare professionals, please call your local store for more information (Costco- show badge for fast pass admission during specialty hours)

Most grocery stores have hours for elderly consumers, please call your local store for details if not listed below:

Albertson's
Senior hours: Tuesday & Thursday 7 a.m.-9 a.m.

Atkinsons Market
208-788-2294
www.atkinsons.com
Home delivery available

Costco
Senior hours: Tuesday & Thursday 8 a.m.- 9 a.m.

Fred Meyer
Senior hours: Daily 7 a.m. to 8 a.m.

Ridley's Family Market
Senior hours: Monday & Wednesday 6 a.m. to 7 a.m.

Walmart
Senior hours: Tuesday 6 a.m. to 7 a.m.

Smith's Food
Senior hours: Monday, Wednesday, Friday 7 a.m. to 8 a.m.
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Stokes Fresh Food Market Monday,
Senior hours: Wednesday, Friday 7 a.m. to 8 a.m.

Winco
Senior hours: Tuesday & Thursday 6 a.m. to 7:30 a.m.

Hotels (Reduced Rates) [Return to Region 5 Menu](#)

My Place Hotel
440 N Haven Dr.
Twin Falls, Idaho
208-733-0999

Holiday Inn Express
1554 Fillmore St.
Twin Falls, Idaho
208-732-6001

SureStay Hotel by Best Western
1260 Blue Lakes Blvd. N.
Twin Falls, Idaho
208-734-5801

Hampton Inn
1658 Fillmore St.
Twin Falls, Idaho
208-734-2233

560 Hampton Drive
Burley, ID 83318
(208) 878-7040

Quality Inn
1910 Fillmore St. N
Twin Falls, Idaho
208-734-7494

Best Western Plus Burley Inn & Convention Center
800 N Overland Ave.
Burley, Idaho
208-678-3501
Discount rate \$80

Fairfield Inn & Suites by Marriott
230 W 7th St. N.
Burley, Idaho
208-677-5000

Super 8 by Wyndham
336 S 600 W
Heyburn, Idaho
208-678-7000

Pets [Return to Region 5 Menu](#)

Red Rover has grants for vet care, emergency boarding, and pet food
<https://redrover.org/2020/03/23/coronavirus-covid19/>

Fairview Veterinary Center (Buhl)
702 US-30 Buhl, Idaho 83316
Phone: 208-543-2600

City of Burley Animal Control
2020 Parke Ave, Burley, Idaho 83318
Phone: 208-878-2258

Jerome Animal Shelter
819 N Ironwood St Jerome, Idaho 83301
Phone: 208-324-8436

Mountain Humane (Hailey)
101 Croy Creek Road, Hailey, Idaho 83333
Phone: 208-788-4351

Sawtooth Animal Center Bellevue
208-788-4114
www.sawtoothanimalcenter.com/

Twin Falls Humane Society
420 Victory Ave, Twin Falls, Idaho 83301
Phone: 208-736-2299

Wendell Animal Control
210 Shoshone St. Wendell, Idaho 83355
Phone: 208-538-426

Recovery Centers [Return to Region 5 Menu](#)

Recovery in Motion
560 Shoup Ave W
Twin Fall, ID 83301
208-712-2173

NAMI Wood River Valley
Hosting Zoom support groups
208-481-0686
<https://nami-wrv.org/>

Shelter Updates [Return to Region 5 Menu](#)

The Advocates 208-788-4191 <https://www.theadvocatesorg.org/>

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Region 6 — Bannock, Bear Lake, Bingham, Caribou, Franklin, Oneida, Power

Click a topic below to view resources.

[Health and Welfare Behavioral Health Offices](#)

[CMH Student Support](#)

[Crisis Centers](#)

[Diapers](#)

[Food \(foodbanks, meal assistance, schools, etc.\)](#)

[Grocery Store Speciality Hours](#)

[Hotels \(Reduced Rates\)](#)

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Health and Welfare Behavioral Health Offices [Return to Region 6 Menu](#)

Blackfoot 208-785-5871
Pocatello 208-234-7900
Preston 208-234-7900

CMH Student Support [Return to Region 6 Menu](#)

208-234-7900
Covers school districts in Power, Bannock, Oneida, Caribou, Franklin, and Bear Lake counties
Clinicians are available to talk about online class stress, loneliness, and isolation.

Crisis Centers [Return to Region 6 Menu](#)

SE Idaho Behavioral Health Crisis Center
1001 N 7th Ave, Ste 160

Diapers [Return to Region 6 Menu](#)

Idaho diaperbank: <http://www.idahodiaperbank.org/>

Food (foodbanks, meal assistance, schools, etc.) [Return to Region 6 Menu](#)

Idaho foodbank: <https://idahofoodbank.org/>

Idaho School Feeding Sites

<https://batchgeo.com/map/3195baf394a7f7db04ce06c69b17842f>

God's Home of Compassion
845 Hyde Ave Pocatello, Idaho 83201
[208-236-0075](tel:208-236-0075)
Tuesday, 10am – 1pm; W & Th, 9am - 12pm Food Pantry

Pocatello First United Methodist Church
200 N 15th Ave Pocatello, Idaho 83201 [208-232-1353](tel:208-232-1353)
[Get Directions](#) Breakfast: 4th Sunday of the Month, 7:30 - 10am Free Meal Site

St. Vincent de Paul-Pocatello
855 S 2nd Ave Pocatello, Idaho 83201
[208-478-2062](tel:208-478-2062)
Wednesday, 10am – 1pm Food Pantry

My Brother's Table
248 N Arthur Pocatello, Idaho 83204
[208-237-3064](tel:208-237-3064)
Pantry and Free Meal Site: Sunday 1:30-3:00pm

Valley Mission Food Pantry
408 N Arthur Ave Pocatello, Idaho 83204
[208-232-6305](tel:208-232-6305)
Updated Hours: Thursday, 3:30 - 6pm

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Gate City Christian Church
202 W Siphon Rd Chubbuck, Idaho 83202
[208-237-5002](tel:208-237-5002)
Friday, 3-6 PM Food Pantry

Bannock County Mobile Pantry - McCammon
403 W. 16th (LDS Church) McCammon, Idaho 83250
Every 3rd Th of Month, 10:30am - 12:30pm Mobile Pantry

Caribou County Mobile Pantry - Soda Springs
40 W Center (Emergency Services Building) Soda Springs, Idaho 83276
Third Thursday of Month, 10:30 am - 12:00pm

Idaho Food Bank
Emergency food bags can be picked up daily

Grocery Store Speciality Hours [Return to Region 6 Menu](#)

Some store have hours for first responders and healthcare professionals, please call your local store for more information (Costco- show badge for fast pass admission during specialty hours)

Most grocery stores have hours for elderly consumers, please call your local store for details if not listed below:

Ridley's (Pocatello)
6-7 am Monday/Wednesday

Bi-Lo (Pocatello)
8-9 am Monday-Saturday

Winco (Pocatello)
6-7:30 am Tuesday/Thursday

Fred Meyer (Pocatello)
7-8 am Monday — Thursday

Albertson's (Pocatello)
7-9 am Tuesday/Thursday

Smiths (Pocatello)
7-8 am Monday/Wednesday/Friday

Broulims (Soda Springs)
6-7 am Monday/Wednesday/Friday

Lallatin (Soda Springs)
7-8 am Daily and Curbside delivery

Broulims (Montpelier)
6-7 am Monday/Wednesday/Friday

Stokes (Preston)
7-8 am Tuesday/Thursday

Kens (American Falls) Curbside delivery

Hotels (Reduced Rates) [Return to Region 6 Menu](#)

Clarion Hotel closed for pandemic.

All hotels have discounted rates, but none with specific COVID 19 rates.

Pets [Return to Region 6 Menu](#)

Red Rover has grants for vet care, emergency boarding, and pet food
<https://redrover.org/2020/03/23/coronavirus-covid19/>

Pocatello Animal Service
3100 Avenue of the Chiefs
Hours: M-F 10-5, Sat 11-5
Phone: 208-234-6156

Recovery Centers [Return to Region 6 Menu](#)

Hope and Recovery Resource Center
210 E Center Street Suite D
Pocatello, ID 83201
208-417-1749

Shelter Updates [Return to Region 6 Menu](#)

Aide for Friends
653 South 4th
208-232-5669

This shelter is no longer taking any new admissions until restrictions from COVID-19 have been lifted.

Family Services Alliance of SE Idaho (domestic violence shelter)
355 S Arthur Ave, Pocatello
208-232-0742

Region 7 — Bonneville, Butte, Clark, Custer, Fremont, Jefferson, Lemhi, Madison, Teton

Click a topic below to view resources.

[Health and Welfare Behavioral Health Offices](#)

[Behavioral Health Hospitals](#)

[Crisis Centers](#)

[Diapers](#)

[Food \(foodbanks, meal assistance, schools, etc.\)](#)

[Grocery Store Speciality Hours](#)

[Hotels \(Reduced Rates\)](#)

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Health and Welfare Behavioral Health Offices [Return to Region 7 Menu](#)

Idaho Falls 208-528-5700
Rexburg 208-528-5700
Salmon 208-528-5700

Behavioral Health Hospitals [Return to Region 7 Menu](#)

Portneuf Behavioral Health Inpatient
777 Hospital Way, Pocatello
208-239-2571

Crisis Centers [Return to Region 7 Menu](#)

Behavioral Health Crisis Center of East Idaho
1650 N Holmes Ave, Idaho Falls

Diapers [Return to Region 7 Menu](#)

Idaho diaperbank: <http://www.idahodiaperbank.org/>

Food (foodbanks, meal assistance, schools, etc.) [Return to Region 7 Menu](#)

Idaho foodbank: <https://idahofoodbank.org/>

Idaho School Feeding Sites
<https://batchgeo.com/map/3195baf394a7f7db04ce06c69b17842f>

Idaho Falls Community Food Baskets
245 N Placer Ave
208-524-0994

Soup Kitchen
208-557-5750

The Salvation Army
605 N Blvd 208-522-7200

Idaho Falls Rescue Mission
840 Park Ave
208-552-5575

Mana Food Pantry
The Idaho Food Bank
211 S 45 W
208-200-3950

St Vincent De Paul
805 S Holmes St
208-522-6280

City of Refuge
840 Park Ave
208-552-5575

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Bishop's Storehouse 770 W Anderson 208-529-2201
Community Food Bank 1895 N Blvd 208-524-0994

Blackfoot Community Pantry
208-557-4289

Bishops Storehouse, Blackfoot
208-785-2020

Rexburg Family Crisis Center
208-356-0065

EICAP, Rexburg
208-356-8849

Salmon Assembly of GOD
208-756-3393

Grocery Store Speciality Hours [Return to Region 7 Menu](#)

Some store have hours for first responders and healthcare professionals, please call your local store for more information (Costco- show badge for fast pass admission during specialty hours)

Most grocery stores have hours for elderly consumers, please call your local store for details if not listed below:

Fred Meyers
Senior hours: 7am – 8am Monday — Thursday

Broulims
Senior hours: 6am – 7am Monday, Wednesday, Friday

Target
Senior hours: 8am- 9am Tuesday, Wednesday

Walmart
Senior hours: 7am- 8:30am Everyday (Ending on 4/28/2020)

Hotels (Reduced Rates) [Return to Region 7 Menu](#)

Hilton Garden Inn
700 Lindsay Blvd, Idaho Falls 83402
208-522-9500

Pets [Return to Region 7 Menu](#)

Red Rover has grants for vet care, emergency boarding, and pet food
<https://redrover.org/2020/03/23/coronavirus-covid19/>

Idaho Falls Animal Shelter
2450 Hemmert Ave, Idaho Falls
208-612-8671

Snake River Animal Shelter
3000 Lindsay Blvd, Idaho Falls
208-523-4219

Bonneville Humane Society
444 N Eastern Ave, Idaho Falls
208-529-9725

Blackfoot Animal Shelter
208-785-6897

Lemhi County Humane Society, Salmon
208-756-4100

Rexburg Animal Services
208-359-3005

Recovery Centers [Return to Region 7 Menu](#)

The Center for Hope
Idaho Falls, ID 83401
208-538-1888

Shelter Updates [Return to Region 7 Menu](#)

Emergency Housing Exchange
<http://www.ifoutreach.org/ehe.aspx>

Idaho Falls Rescue Mission
840 Park Ave
208-552-5575

Haven 208-523-6413