

# You've sent in your sample for a COVID-19 test. **NOW WHAT?**

When you learn you may have been exposed to someone who was infected with COVID-19, it's very important to self-quarantine so you don't infect others. The same guidance applies when you are waiting for a test result. After you've been tested and are waiting for your results:



**STAY HOME** except to get medical care.



**SEPARATE YOURSELF** from other people.



Someone from your **LOCAL PUBLIC HEALTH** district will **CALL** you if you test positive.



**FOLLOW INSTRUCTIONS** from your healthcare provider and your local public health district.

**GET MORE INFORMATION AT:**

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays.html>

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