

# Covid-19 Resource Guide

## Consumer Version

This resource guide was created by the Division of Behavioral Health at the Idaho Department of Health and Welfare. The mission of the Division of Behavioral Health is to provide services of the highest quality by working together to inspire hope, recovery, and resilience in the lives of Idahoans living with behavioral health disorders and their families. The division is the second largest healthcare payer in Idaho and provides healthcare and services to promote an outcome-based, efficient health and human services delivery system.



### COVID-19 Resources

Click on the links below to find Idaho, national and region-specific resources.

#### [Idaho and National Resources](#)

[Region 1](#) — Benewah, Bonner, Boundary, Kootenai, Shoshone

[Region 2](#) — Clearwater, Idaho, Latah, Lew, Nez Perce

[Region 3](#) — Adams, Canyon, Gem, Owyhee, Payette, Washington

[Region 4](#) — Ada, Boise, Elmore, Valley

[Region 5](#) — Blaine, Camas, Cassia, Gooding, Jerome, Lincoln, Minidoka, Twin Falls

[Region 6](#) — Bannock, Bear Lake, Bingham, Caribou, Franklin, Oneida, Power

[Region 7](#) — Bonneville, Butte, Clark, Custer, Fremont, Jefferson, Lemhi, Madison, Teton

## Idaho and National Resources

Click a topic below to view resources.

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## 2021 Mental Health Resources [Return to section menu](#)

An updated listed for 2021 of mental health resources can be found on this site:

<https://nursinglicensemap.com/resources/mental-health-resources/>

## Alcoholics Anonymous [Return to section menu](#)

National information on Alcoholics Anonymous is available here:

<https://alcoholicsanonymous.com/>

A resource guide for help in Idaho can be found here:

<https://alcoholicsanonymous.com/aa-meetings/idaho/>

## Antibody Testing [Return to section menu](#)

Serological tests detect antibodies in the blood generated during the immune response to a specific infection, such as COVID-19. They are different from tests such as PCR that detect the virus that causes COVID-19. Many new serological tests for COVID-19 have been developed; however, to date only four have been authorized by the Food and Drug Administration (FDA). Some companies are falsely claiming their serological tests have been approved by the FDA or that they can diagnose COVID-19 infections. The Idaho Division of Public Health discourages the use of unauthorized serology-based assays for diagnosis of COVID-19 or determining someone's infectious or immune status.

## Banking / Financial [Return to section menu](#)

- Call your local bank to find out if there are option for services such as:
  - Skip a payment
  - Small or personal business loans
  - Phone payment fee waivers
  - Paycheck protection
- Non-filer economic impact payment: <https://www.irs.gov/coronavirus/non-filers-enter-payment-info-here>
- Direct deposit info for stimulus check: <https://www.irs.gov/coronavirus/get-my-payment>
- Immigrant Worker's Rights and COVID 19: <https://s27147.pcdn.co/wp-content/uploads/FAQ-Immigrant-Workers-Rights-COVID-19-Resource-v-2020-04-10.pdf>
- Idaho Housing and Finance has funds to aid in COVID-19 related housing and utility needs. Applicants must be Idaho residents, legally reside in the US, have an income that is 80% or less of the area's median income, owe past due rent/utilities or be unable to pay upcoming bill, and are not receiving a federal housing subsidy. Apply and learn more at: [idahohousing.com/covid-19](http://idahohousing.com/covid-19).

## Business Guidance (see also Banking) [Return to section menu](#)

Free webinars cover the Economic Injury Disaster Loans, Paycheck Protection Program Loans, Employee Leave Tax Credits, and Employee Retention Tax Credits. All these programs and capital options are currently available to Idaho Businesses.

## [Trainings and Webinars](#)

[Idaho Small Business Development Center - COVID 19 Help](#)

[Information for Small Businesses Navigating the COVID-19 Outbreak](#)

[SBA Guidance to COVID-19](#)

[SBA Disaster Loan Assistance](#)

[SBA Export Working Capital Program](#)

[RestoreYourEconomy.org](#)

[Idaho Department of Labor – Coronavirus and Unemployment Insurance](#)

[COVID-19-Related Tax Credits for Required Paid Leave Provided by Small and Midsize Businesses – FAQs](#)

[Small Business Paycheck Protection Program](#)

[Idaho Department of Commerce](#)

**Idaho Rebound Cash Grants** – Application opens May 11, 2020:

<http://rebound.idaho.gov/idaho-rebound-cash-grants-for-small-businesses/> (all recipients will be displayed at [Transparent.Idaho.Gov](http://Transparent.Idaho.Gov))

**New emergency grants now available for childcare business owners** – The Emergency Grant is available to licensed and/or ICCP certified childcare providers who administer full time childcare, and who will be open and operating during the months for which funding is requested. Eligible expenses include staffing costs or hazard pay; cleaning and janitorial expenses; consumable supplies and materials; and general business operations such as rent or utilities. Applications for the emergency grants will be accepted May 1 through June 30. Interested childcare business owners can apply by downloading and completing the Idaho Child Care Emergency Fund application available at <https://healthandwelfare.idaho.gov/Children/ChildCareAssistance/tabid/292/Default.aspx>.

**Centers for Disease Control (CDC)** [Return to section menu](#)

Find resources on the [CDC Website](#).

**Central District Health (CDH)** [Return to section menu](#)

Guidance for Behavioral health

<https://cdhd.idaho.gov/pdfs/cd/Coronavirus/Resource%20Docs/Behavioral-Health-COVID.pdf>

Guidance for Domestic Violence Victims

<https://cdhd.idaho.gov/pdfs/cd/Coronavirus/Resource%20Docs/Domestic-Violence-Victims-COVID.pdf>

#### Guidance for Law Enforcement

<https://cdhd.idaho.gov/pdfs/cd/Coronavirus/Resource%20Docs/Law-Enforcement-COVID.pdf>

#### Food and Cash Assistance

<https://cdhd.idaho.gov/pdfs/cd/Coronavirus/Resource%20Docs/Food-Cash-Assistance.pdf>

#### SNAP

<https://cdhd.idaho.gov/pdfs/cd/Coronavirus/Resource%20Docs/Law-Enforcement-COVID.pdf>

#### WIC

<https://cdhd.idaho.gov/pdfs/cd/Coronavirus/Resource%20Docs/WIC-Program.pdf>

### Census [Return to section menu](#)

<https://2020census.gov/>

### Child/Family Resources [Return to section menu](#)

#### Talking with Children About Pandemic

<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/families-and-children#tools>

#### Family Preparedness

<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/families-and-children#tools>

#### Tool and Ideas

<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/families-and-children#tools>

<https://www.scholastic.com/parents/school-success/learn-at-home.html>

<https://funcheaporfree.com/resources-for-kids/>

<https://stories.audible.com/start-listen> (free stories for children)

<https://www.loc.gov/> (lots of activities including free art classes for children)

[https://www.lakeshorelearning.com/?utm\\_source=google&utm\\_medium=ppc&utm\\_campaign=branded&gclid=EAiaIQobChMI86yI-Nre6AIVNRh9Ch1qtwopEAAYASAAEgIrk\\_D\\_BwE](https://www.lakeshorelearning.com/?utm_source=google&utm_medium=ppc&utm_campaign=branded&gclid=EAiaIQobChMI86yI-Nre6AIVNRh9Ch1qtwopEAAYASAAEgIrk_D_BwE)

<https://www.dancingwithoutlimits.com/> (free online dance classes for children with special needs)

<https://resources.stem.idaho.gov/> (STEM resources)

<https://www.kennedy-center.org/education/mo-willems/>

## Videos and books for Kids

Coping After A Disaster

[https://www.cdc.gov/cpr/readywrigley/documents/RW\\_Coping\\_After\\_a\\_Disaster\\_508.pdf](https://www.cdc.gov/cpr/readywrigley/documents/RW_Coping_After_a_Disaster_508.pdf) (English)

[https://www.cdc.gov/cpr/readywrigley/documents/RW\\_Coping\\_After\\_a\\_Disaster\\_508\\_SP.pdf](https://www.cdc.gov/cpr/readywrigley/documents/RW_Coping_After_a_Disaster_508_SP.pdf)  
(Spanish)

[Germ fighting superhero \(Daniel the Tiger\)](#)

[Coronavirus A book for children](#)

[Sticky A Germ's Story](#)

[The germ called Coronavirus; A short guide for children](#)

## Cloth Face Coverings [Return to section menu](#)

Cloth face covering DIY and CDC proper wearing guidance:

### Videos

Face Mask Kit – <https://vimeo.com/399324367/13cd93f150>

DIY: How to sew Face Mask | NO Sewing Machine! –

<https://www.youtube.com/watch?v=xN0HH2Zb2hY>

DIY Cloth Face Mask – <https://www.instructables.com/id/DIY-Cloth-Face-Mask/>

### Written Instructions: How to Wear a Cloth Face Covering CDC

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

How To Make A Face Mask

<https://www.allinahealth.org/-/media/allina-health/files/mask-sewing-how-to.pdf>

Face Mask Directions

<https://www.leadingagewa.org/wp-content/uploads/sites/296/2020/02/Instructions.pdf>

## COVID-19 Translations

Endangered Language Project:

<https://docs.google.com/document/d/1DyvJFYRsOkpH9UeEBEmgFd6ehSLfpMtw8j6ZFvV8JPA/edit>

## Crisis Centers [Return to section menu](#)

Live Better Idaho provides contact information and resources for crisis centers in Idaho.

<https://www.livebetteridaho.org/behavioral-health/crisis-centers-substance-use-disorder-and-mental-health-services>

## Department of Labor [Return to section menu](#)

Employer Resources (scroll to middle of page)

<https://labor.idaho.gov/dnn/COVID-19>

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Employee Resources, file an unemployment claim  
<https://www2.labor.idaho.gov/ClaimantPortal/Login>

Search for job openings  
[https://idahoworks.gov/ada/r/search/jobs?is\\_subsequent\\_search=true&tags=COVID-19+Essential+Job](https://idahoworks.gov/ada/r/search/jobs?is_subsequent_search=true&tags=COVID-19+Essential+Job)

Nearest Labor office  
<https://www.labor.idaho.gov/dnn/Local-Office-Directory>

## Entertainment [Return to menu](#)

Gibson — free lessons during COVID 19  
<https://www.gibson.com/News/Gibson-Gives-And-Sweetwater-Offer-Memberships-To-Amped-Guitar>

Georgia Aquarium's Live Cameras! — may not always have action  
<https://www.georgiaaquarium.org/webcam/southern-sea-otter-webcam/>

<https://www.georgiaaquarium.org/webcam/beluga-whale-webcam/>

<https://www.georgiaaquarium.org/webcam/ocean-voyager/>

Houston Zoo Live Cameras! — Central time zone, between 7 AM-7 PM  
<https://www.houstonzoo.org/explore/webcams/>

San Diego Zoo Live Cameras — Pacific time zone, business hours  
<https://kids.sandiegozoo.org/videos>

The Smithsonian — Top right corner, click first or second, then you can click on the dots on the map or the arrows on the floor to move through the Smithsonian!  
<https://naturalhistory2.si.edu/vt3/NMNH/>

This is the Sistine Chapel in Vatican City, Rome! — you can use the +/- buttons to zoom into the art and the arrows to move left, right, forward or back  
<http://www.museivaticani.va/content/museivaticani/en/collezioni/musei/cappella-sistina/tour-virtuale.html>

British Museum — this one is a little complex, but you can do it! The list on the right are major categories, the dots are exhibits. Click on a dot, it makes music, then hit find out more, and click on the odd vertical bars! Its audio that teaches you about the images.  
<https://britishmuseum.withgoogle.com/>

Women's History — here is some oral history about Rosie the Riveter era of women's history  
<https://www.womenshistory.org/resources/general/rosie-riveter-oral-histories>

## Facebook Community Groups [Return to section menu](#)

Go to the "groups" tab, type COVID 19 or some version of the phrase and local support groups will appear. Many mutual aid groups have been created for delivery of food, supply trade, etc

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## Family Violence Resources [Return to section menu](#)

National Domestic Violence Hotline- "Staying Safe During COVID 19"

<https://www.thehotline.org/2020/03/13/staying-safe-during-covid-19/>

Childhelp National Child Abuse Hotline is 1-800-4A-CHILD (422-4453)

Latino and Latina survivors can reach out to Casa de Esperanza at 1-651-772-1611

Native American and Alaska Native people can reach out to StrongHearts Native Helpline at 1-844-7NATIVE (762- 8483)

LGBTQ people can reach out to the Anti-Violence Project Hotline at 1-212-714-1141

Young people experiencing relationship or domestic violence can contact Love Is Respect at 1-866-331-9474

LGBTQ young people who may be experiencing abuse because of their gender or sexuality can contact the Trevor Project at 1-866-488-7386

## First Responder and Healthcare Worker Childcare Resources [Return to section menu](#)

### Coronavirus Counseling Assistance for Frontline Workers

View this flyer from the Division of Behavioral Health to learn about [Coronavirus Counseling Assistance for Frontline Workers](#).

### Idaho Stars

Location/Service Area: Statewide

Phone: Call the 2-1-1 Idaho CareLine by dialing 2-1-1 or 1-800-926-2588

E-mail: [jswebmaster@uidaho.edu](mailto:jswebmaster@uidaho.edu)

Hours of Operation: 8:00am to 5:00pm Monday – Friday [Website](#)

Services Offered: We assist families who are searching for Childcare to find providers who are open for essential workers.

### Boise Schools

Location/Service Area: Grace Jordan, Whitney, Whittier, Morley Nelson Elementary Schools

Phone: 208-854-6722 [Website](#)

Hours of Operation: 8am-5pm for select children

Services Offered: Free childcare March 17-27 for those families with workers in high demand jobs



### **Boys and Girls Club of Ada**

Location/Service Area: Moseley Center, Meridian Club, Peregrine Club, Desert Sage Club, Kuna Club

Phone: 208-376-4960 Website Hours of Operation: 7am-6pm weekdays

Services Offered: Boys and Girls Club locations are continuing to provide childcare to serve those families who absolutely must continue working. Visit [www.adaclubs.org](http://www.adaclubs.org) for more information

### **YMCA**

Contact your local YMCA as they have nationally received grant money to provide childcare for healthcare workers

### **First Responder and Healthcare Worker Resources** [Return to section menu](#)

COVID 19 Emergency Response Fund (help support first responder families with hardship)  
<https://1strcf.org/>

Mental Health (see also Health and Human Services COVID 19 Behavioral Health Resources)  
<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/health-care-providers>

STARR Family Behavioral Health  
208-908-6399  
24/7 Zoom counseling (EAP and all major insurance)

Short term housing (see Hotels)

### **Health and Human Services COVID 19 Behavioral Health Resources (federal)**

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<https://asprtracie.hhs.gov/technical-resources/115/covid-19-behavioral-health-resources/99>

- Preparations for 1<sup>st</sup> Responders & Healthcare Workers
- Caregivers for Children: Conversations about COVID 19
- Caregivers for Adults: Guidance and Recommendations
- Community Leaders: Guidance and Recommendations
- Educators: Helping Students Cope
- Self-Care for First Responders and Healthcare Workers
- Telehealth: Protocols, Ethics, and Practical Applications

### **Hotels** [Return to menu](#)

Idaho Hilton and Marriot hotels offering deep discounts for first responders and healthcare workers:

- For individual stays at Marriott up to 30 days, go to their website and under Special Rates, click Corporate / Promo / SET# and enter code: QWO.

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- For special rates with Hilton, go to their website for [details and to check availability](#) and for bookings of ten or more people, please contact [GroupMeetingRFP@Hilton.com](mailto:GroupMeetingRFP@Hilton.com) or call 866-215-2929.

## Housing [Return to menu](#)

### **Housing Preservation Program (HPP)**

Available only to Idaho renters and provides assistance not only for rent, but also for utilities. To learn more about the Housing Preservation Program and its eligibility requirements, go to [idahohousing.com/covid-19](http://idahohousing.com/covid-19).

A call-line (1-855-452-0801) is available to applicants who need help submitting an application. You may be able to assist applicants by making a phone available for call line access, providing internet access, scanning documents and/or submitting documents to IHFA via fax.

### **Idaho Housing and Financial Association**

Received a lot of COVID funds and is available to help anyone in need!

- No financial cap on the amount paid.
- Can pay up to three months' rent and utilities.
- 80% AMI cutoff for applicants.
- For people who own their home, will pay up to three months utilities.
- Applications are processed quickly and with little scrutiny.

Apply: <https://www.idahohousing.com>

Jesse Tree of Idaho

Location/Service Area: Ada and Canyon Counties

Phone: 208-383-9486 [Website](#)

Hours of Operation: Available by phone M-F, 8-5

Services Offered: "Jesse Tree operates a Housing Crisis Line Monday through Friday 9am-5pm. A Jesse Tree volunteer can provide you with information about the eviction process, support, and connections to help you navigate your situation and identify resources and strategies you can use to stay in your housing. Clients may also be offered more intensive case management and rental assistance."

Economic Opportunity - Micro-Enterprise and Finance

Location/Service Area: Treasure Valley and Twin Falls

E-mail: [tmckinley@jannus.org](mailto:tmckinley@jannus.org) [Website](#)

Services Offered: We are continuing to provide services remotely. Hours of operation M-F 8:30am-5pm. Rent/housing assistance and business assistance through emergency personal loans and small business loans. Interest and payments deferred for the first 4 months for those initiating new loans.

## Idaho COVID-19 Resources [Return to section menu](#)

### **Covid-19 Distress Line 1-888-330-3010**

When you're isolated at home, feelings of anxiety, loneliness, or worry may become overwhelming. Experiencing these feelings is common during times of heightened stress. Don't be afraid to reach out, we are here to help!

**Covid-19 Idaho Website** — <https://coronavirus.idaho.gov/>

**State Reopening** — there are four stages to re-opening Idaho, beginning May 1. Dates of subsequent stages are subject to change if criteria are not met. Details are available at <https://rebound.idaho.gov/>.

**SNAP benefits can now be used for online purchases** — Supplemental Nutrition Assistance Program (SNAP) benefits can purchase groceries online starting today at Amazon and at Walmart locations in Jerome and Caldwell. All Walmart stores will accept online orders starting Thursday, May 7. Idaho has been approved to participate in the United States Department of Agriculture (USDA) online purchasing pilot project. SNAP recipients can choose in-store pick up or delivery, where available, but those who choose delivery will have to pay any delivery fee out of pocket. SNAP benefits do not cover these costs. Walmart and Amazon are the only retailers currently approved by USDA to accept SNAP benefits online in Idaho. Other retailers may apply directly with USDA to participate in this program. If the closest Walmart is in another state, check with the store to see if online purchasing is available. For more information on SNAP, visit [www.livebettidaho.gov](http://www.livebettidaho.gov) or call 855-289-1427 to apply.

**Recovery Centers** [Return to section menu](#)

Idaho Association of Recovery Community Centers  
<https://www.idahorccs.com/recovery-community-centers-of-idaho>

**Refugee Needs** [Return to menu](#)

Idaho Office for Refugees has launched a YouTube channel with videos explaining aspects of COVID. Translations include Somali, Swahili, Arabic, and Kinyarwanda.  
<https://www.youtube.com/channel/UCPmE-VxLKivYhCT7hLYnwKA>

Other translated information:

COVID: [https://www.rescue.org/announcement/covid-19-info-14-languages?edme=true&fbclid=IwAR2ZcXxumEI48U0FU\\_U1wX\\_a6ksmfFX\\_iQZ3MGGRp4xnGo64ZSPMQ3bfNqE](https://www.rescue.org/announcement/covid-19-info-14-languages?edme=true&fbclid=IwAR2ZcXxumEI48U0FU_U1wX_a6ksmfFX_iQZ3MGGRp4xnGo64ZSPMQ3bfNqE)

State Order: <https://www.facebook.com/IRCboise/photos/pb.1478591585726090.-2207520000../2488497158068856/?type=3&theater>

## Telehealth Services [Return to section menu](#)

Please call your insurance company to determine which providers are available for telehealth services:

- Aetna 1-800- 872-3862
- Allways Health Partners 1-855-444-4647
- Anthem Blue Cross 1-866-461-3585
- Aspire Healthplan 1-855-570-1600
- AvMed 1-800-477-8768 Medicare members 1-800-782-8633
- Blue Cross of Idaho 1-800-274-4018
- Cigna 1-866-912-1687
- Humana Medicare 1-800-457-4708
- Magellan Health 1-800-788-4005
- Molina Healthcare 1-800-835-2362
- Pacific Source 1-800-688-5008
- Regence BlueCross BlueShield 1-800-253-0838
- SCAN Health Plan 1-800-559-3500
- Sharp 1-800-827-4277
- United Healthcare 1-866-414-1959

If you continue to struggle, please call your regional Health and Welfare Behavioral Health office (see page 3) for assistance in making phone calls

## Testing Sites [Return to section menu](#)

To find a testing site, go to [get-tested-covid19.org](https://get-tested-covid19.org) and type in a ZIP code. A list and map of testing centers within 40 miles of the ZIP code appear, along with information about the testing center such as:

- If an order is needed to get a test.
- If the site takes walk-ins or if appointments must be scheduled.
- If drive-through testing is available.

Basic information about each center is also shown, including hours of operation and directions.

## Therapy toolkit (online apps/videos/handouts to provide clients) [Return to section menu](#)

General Mental Health

<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/mindfulness>

Healthy Habits

<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/mindfulness>

### Mindfulness

<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/mindfulness>

### Positive Emotions

<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/mindfulness>

### Yoga and Movement

<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/mindfulness>

<https://www.youtube.com/channel/UChxVDIZyxWJXbAlqOIoh79w> (local studio)

<https://www.mindfulschools.org/>

## Unemployment (see Department of Labor) [Return to section menu](#)

### Veterans [Return to section menu](#)

VA FAQs- What Veterans Need to Know

<https://www.va.gov/coronavirus-veteran-frequently-asked-questions/>

### Volunteer Opportunities [Return to section menu](#)

#### Mask Making

<https://www.instructables.com/id/DIY-Cloth-Face-Mask/>

#### Medical Supply Donations

<https://fs9.formsite.com/uwtv/COVID-19-PPE-supplies/index.html?1585176495234=>

### Voting [Return to section menu](#)

<https://idahovotes.gov/absentee-request/>

<https://idahovotes.gov/vote-early-idaho/>

## Region 1—Benewah, Bonner, Boundary, Kootenai, Shoshone

Click a topic below to view resources.

[Health and Welfare Behavioral Health Offices](#)

[Behavioral Health Hospitals](#)

[Crisis Centers](#)

[Diapers](#)

[Food \(foodbanks, meal assistance, schools, etc.\)](#)

[Grocery Store Speciality Hours](#)

[Hotels \(Reduced Rates\)](#)

[Pets](#)

[Shelter Updates](#)

## **Health and Welfare Behavioral Health Offices** [Return to Region 1 Menu](#)

Coeur d'Alene: 208-769-1406  
Kellogg: 208-784-1352 x217  
Sandpoint-Ponderay: 208-265-4532  
After hours for all locations: 1-888-769-1405

## **Behavioral Health Hospitals** [Return to Region 1 Menu](#)

Kootenai Behavioral Health  
2003 Kootenai Health Way, Coeur d'Alene 208-625-4800

## **Crisis Centers** [Return to Region 1 Menu](#)

Northern Idaho Crisis Center  
2195 Ironwood Ct, Coeur d'Alene

## **Diapers** [Return to Region 1 Menu](#)

Idaho diaperbank: <http://www.idahodiaperbank.org/>

## **Food (foodbanks, meal assistance, schools, etc.)** [Return to Region 1 Menu](#)

Idaho foodbank: <https://idahofoodbank.org/>

Arlo's Restaurant  
North Summit Church ACTS After School Program - Nora or Enis  
(208) 263-4818  
Sandpoint  
free meal to families in need Meals can be picked up Monday - Friday between 4-6PM at 201 N. Division Street, First come, first serve.

Come Together North Idaho - Leo Hunsaker  
Sandpoint  
(208) 290-8213  
Grocery runs for community members; receiving donations; distributing donations, etc.

CDA Backpack Program - Sarah Bradbury  
Coeur d'Alene  
208-869-6547  
[cdabackpackprogram@canvascda.com](mailto:cdabackpackprogram@canvascda.com)

Cherished Ones Ministries  
401 N. 2<sup>nd</sup>.  
Coeur d'Alene, ID 83814  
208-704-0908  
Sat. 2:30 to 6:00 bagged lunch

Eureka Institute Free Meal Initiative – Sandpoint  
Tues 3-6 pm Eichardt's pub and Grill; 212 Cedar St  
Thurs 3-6 pm Matchwood Brewing; 513 Oak St  
Fri 3-6 pm Sandpoint Curry in a Hurry; in Ponderay next to the animal shelter or free delivery with 24-hour notice in Sandpoint, Ponderay, Kootenai City limits – please call 404-565-3131

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**First Presbyterian Church**

201 Lakeside Ave.

Coeur d'Alene, ID 83814 208-667-8446 Thursday 11:30 to 12:30 bagged lunch

**Huckleberry Lanes**

208-255-2695

Sandpoint

If you are hungry and need food for any reason at all message through their Facebook page.

**Pack River Store - Paul**

(208) 263-2409

Sandpoint

Free sack lunches EVERYDAY for Pack River Store porch pick-up!

Monday- Also a pick-up in town at The Burger Dock 11:30-1:30 or Sagle Conoco 12-1;

Friday- lunches will also be available at Arnie's Conoco in Kootenai

**Grocery Store Speciality Hours** [Return to Region 1 Menu](#)

Some store have hours for first responders and healthcare professionals, please call your local store for more information (Costco- show badge for fast pass admission during specialty hours)

Most grocery stores have hours for elderly consumers, please call your local store for details if not listed below:

Albertson/Safeway – all stores

Tuesday and Thursday – 7 to 9

Costco

Tuesday, Wed. Thursday - 8:00 to 9 They are allowing health care workers and first responders to the front of admission lines

Fred Meyer

Tuesday and Thursday – 7 to 9

Super One Grocery – all stores

Tuesday and Thursday – 7 to 9

They are working on the possibility of free delivery to elders

Yokes Fresh Markets – all stores

Wednesday 6 am – 9 am (pharmacy hours 7am – 9am)

**Hotels (Reduced Rates)** [Return to Region 1 Menu](#)

Dynamic by Hotel Inn (formerly Quality Inn)

809 N Fifth Ave, Sandpoint, ID 83864

(208) 263-2767

- \$49.99 plus tax nightly rate
- \$189 plus tax weekly rate
- \$564 plus tax monthly rate

[Return to Main Menu](#)



Fairbridge Inn & Suites  
476841 US-95, Ponderay, ID 83852  
(208) 263-2210

- \$25 for doctors and emergency responders to be closer to the hospital for shifts
- \$25 for truck drivers day rate (less than 6 hours) to shower/get a meal
- \$45.99 per night if paying for a week in advance

Hotel Ruby  
477255 US-95, Ponderay, ID 83852  
(208) 263-5383

- \$55.24 per night M-F; slightly more expensive on Sat/Sun

Kootenai Valley Motel  
6409 S Main St, Bonners Ferry, ID 83805  
(208) 267-7567

- \$350 plus tax weekly rate

**Pets** [Return to Region 1 Menu](#)

Red Rover has grants for vet care, emergency boarding, and pet food  
<https://redrover.org/2020/03/23/coronavirus-covid19/>

Kootenai Humane Society  
11650 N Ramsey Rd,  
Hayden, ID 83835  
(208) 772-4019

Panhandle Animal Shelter  
870 Kootenai Cutoff Rd.  
Ponderay, ID 83852  
208-265-7297

## **Recovery Centers**

Kootenai Recovery Community Center  
1621 N 3rd Street  
Coeur d'Alene, ID 83814  
208-932-8005

**Shelter Updates** [Return to Region 1 Menu](#)

Family Promise  
501 E. Wallace  
Coeur d'Alene, ID 83814  
208-777-4190  
Business as usual

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Safe Passages Women's Shelter

208-664-9303

Telephone screening for fit in the shelter and symptom check

St. Vincent de Paul Help Center

201 E. Harrison

Coeur d'Alene, ID 83814

208-664-3095

People are allowed in the shelters; however, they must go to Heritage Outreach Clinic and be checked before they are allowed to enter.

## Region 2 — Clearwater, Idaho, Latah, Lewis, Nez Perce

Click a topic below to view resources.

[Health and Welfare Behavioral Health Offices](#)

[Behavioral Health Hospitals](#)

[Crisis Centers](#)

[Diapers](#)

[Food \(foodbanks, meal assistance, schools, etc.\)](#)

[Grocery Store Speciality Hours](#)

[Hotels \(Reduced Rates\)](#)

[Pets](#)

[Recovery Centers](#)

[Shelter Updates](#)

## **Health and Welfare Behavioral Health Offices** [Return to Region 2 Menu](#)

Grangeville: 208-983-2300  
Lewiston: 208-899-4440  
Moscow: 208-882-0562

## **Behavioral Health Hospitals** [Return to Region 2 Menu](#)

St. Joseph Regional Medical Center  
415 6<sup>th</sup> St, Lewiston 208-743-2511

## **Crisis Centers** [Return to Region 2 Menu](#)

Rural Crisis Center Network  
(877) 897-9027  
1002 Idaho St, Lewiston  
1275 Riverside Ave, Orofino  
531 S Main St, Moscow

## **Diapers** [Return to Region 2 Menu](#)

Idaho diaperbank: <http://www.idahodiaperbank.org/>

## **Food (foodbanks, meal assistance, schools, etc.)** [Return to Region 2 Menu](#)

Idaho foodbank: <https://idahofoodbank.org/>

See the Community Resources link:  
<https://www.ci.moscow.id.us/181/Poverty-on-the-Palouse>.  
Page 30 lists resources that are still available during COVID-19.

Blessed Hope Assembly of God  
1033 Burrell Ave  
Lewiston, ID P: 208-743-4874  
Wed and Thursday 10a-2p

Valley Christian Center  
3215 Echo Hills  
Lewiston, ID Dr  
P: 208-746-0401 Tuesday and Wed 10a-2p

Salvation Army Lewiston  
1220 21<sup>st</sup> Street  
Lewiston, ID P: 208-746-9653  
Dinner M/T/W/F (5-6pm), Pantry Tuesday-Friday 1-4:30p

Episcopal Church of the Nativity  
731 8<sup>th</sup> Street  
Lewiston, ID  
P: 208-743-9121  
All ages are welcome to receive food at the food pantry every Tuesday from 8:45 – Noon.  
Dinner 2<sup>nd</sup> and last Saturday 4-5:30p

Grace Lutheran 3434 6<sup>th</sup> Street  
Lewiston, ID 208-791-2780  
Dinner 1<sup>st</sup>, 3<sup>rd</sup>, and 5<sup>th</sup> Saturday 5-6:30p

Mobile Ministries  
1700 8<sup>th</sup> Street  
Lewiston, ID P: 208-743-9501  
1<sup>st</sup> and 3<sup>rd</sup> Friday 5-7p

Orchards Baptist Church  
1002 Bryden Ave  
Lewiston, ID  
P: 208-743-5302  
January – October 2<sup>nd</sup> and 4<sup>th</sup> Thursday's from 4-6 pm

St. Vincent De Paul Lewiston Food Bank  
3138 5<sup>th</sup> Street  
Lewiston, ID P: 208-746-7860.  
Call ahead for appointment 9:30-1 Monday thru Friday

Community Action Partnership Food Bank  
124 New 6<sup>th</sup> Street  
Lewiston, ID  
P: 208-798-4210 Monday thru Friday 9am-4pm

The Idaho Food Bank Lewiston 3331 10<sup>th</sup>  
Lewiston, ID Street  
P: 208-746-2288

Lewiston-Clarkston Valley Meals on Wheels  
415 6<sup>th</sup> Street Lewiston, ID  
P: 208-799-5767  
For senior citizens, shut-ins, and handicapped people" \$4 per day for full program; one hot meal and sack lunch. OR \$3 a day for hot meal only. Milk may be added for .25c. Meals are delivered by 1pm

### **Grocery Store Speciality Hours** [Return to Region 2 Menu](#)

Some store have hours for first responders and healthcare professionals, please call your local store for more information (Costco- show badge for fast pass admission during specialty hours)

Most grocery stores have hours for elderly consumers, please call your local store for details if not listed below:

Albertsons  
Tuesday and Thursday 6am-9am

Costco  
Tuesdays and Thursdays 8-9am

Rosaur's  
Tuesday and Thursday from 7am – 9 pm

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## Hotels (Reduced Rates) [Return to Region 2 Menu](#)

Inn America  
\$49 if referred by recovery center  
402 21<sup>st</sup> St, Lewiston  
208-746-4600

Clarkston  
Astor Motel (208) 553-3103  
Sunset Motel (208) 553-3103  
Bridge Street Inn 509-758-5566  
Hacienda Lodge 509-758-5583

Downtowner  
113 E North St, Grangeville, ID 83530  
[Phone: \(208\) 983-1110](tel:2089831110)

Lewiston  
Evergreen Motel 208-746-5851  
El Rancho Motel 208-743-8517  
Hillary Motel 208-743-8514  
Golden Oak Inn 208-743-9424

Moscow  
Hillcrest Motel 208-882-7579 \$266/wk  
Monarch Motel (Royal Motor Inn) 208-882-2581 \$300/wk \*negotiable\*

## Pets [Return to Region 2 Menu](#)

Red Rover has grants for vet care, emergency boarding, and pet food  
<https://redrover.org/2020/03/23/coronavirus-covid19/>

Lewis Clark Animal Shelter  
6 Shelter Rd  
Lewiston ID 83501  
208-746-1623  
Call for appointment.  
<http://lcshelter.org/>

Humane Society of the Palouse  
2019 E White Ave  
Moscow ID 83843  
208-883-1166  
Call for appointment.  
<https://www.humanesocietyofthepalouse.org/>

Clearwater Humane Society  
161 Main St  
Orofino ID 83544  
208-476-9823  
Call for appointment

## **Recovery Centers** [Return to Region 2 Menu](#)

Latah Recovery Center  
531 Main Street  
Moscow, ID 83843  
208-883-1045

## **Shelter Updates** [Return to Region 2 Menu](#)

Sojourners Alliance  
208-310-4554  
Operates a transitional housing facility as well as a permanent housing program.  
Their office is closed, but you may call for housing assistance questions.  
<https://www.sojournersalliance.org/>

First Step 4 Life  
1002 Idaho St.  
Lewiston ID 83501  
(208) 717-3881  
<https://www.fs4lidaho.org/>  
Call to learn about sheltering options during COVID-19.

## Region 3 — Adams, Canyon, Gem, Owyhee, Payette, Washington

Click a topic below to view resources.

[Health and Welfare Behavioral Health Offices](#)

[Behavioral Health Hospitals](#)

[CMH Student Support](#)

[Crisis Centers](#)

[Diapers](#)

[Food \(foodbanks, meal assistance, schools, etc.\)](#)

[Grocery Store Speciality Hours](#)

[Hotels \(Reduced Rates\)](#)

[Pets](#)

[Recovery Centers](#)

[Shelter Updates](#)



## Health and Welfare Behavioral Health Offices [Return to Region 3 menu](#)

Caldwell: 208-459-0092

Nampa: 208-459-0092

Payette: 208-642-6416

## Behavioral Health Hospitals [Return to Region 3 Menu](#)

West Valley Behavioral Health  
1717 Arlington Ave, Caldwell  
208-459-4641

## CMH Student Support [Return to Region 3 Menu](#)

(208) 455-7089

Covers school districts in Canyon, Owyhee, Payette, Gem, Washington, and Adams Counties  
Clinicians are available to talk about online class stress, loneliness, and isolation.

## Crisis Centers [Return to Region 3 Menu](#)

Western Idaho Crisis Center  
524 Cleveland Blvd, Ste 160, Caldwell

## Diapers [Return to Region 3 Menu](#)

Idaho diaperbank: <http://www.idahodiaperbank.org/>

## Food (foodbanks, meal assistance, schools, etc.) [Return to Region 3 Menu](#)

Idaho foodbank: <https://idahofoodbank.org/>

Canyon County  
<https://selfrescuemanual.com/> pages 16-17

## Grocery Store Specialty Hours [Return to Region 3 Menu](#)

Some store have hours for first responders and healthcare professionals, please call your local store for more information (Costco- show badge for fast pass admission during specialty hours)

Most grocery stores have hours for elderly consumers, please call your local store for details if not listed below:

Albertsons (All Albertson's)- Nampa, Homedale, Payette, Emmett,  
208-454-1271  
Hours: 7am to 10pm 7 days a week  
Senior Hours: Tues and Thursday 7 am to 9am

Asian Grocery  
453 Caldwell Blvd  
Nampa ID 83651  
208-461-5006  
Hours: 930am to 8pm Monday to Thurs, Friday 8am to 8pm, Sat 9am to 8pm Sunday, 10 am to 7pm  
Senior hours: No  
[Return to Main Menu](#)

Bi-Mart  
425 N 10<sup>TH</sup> Ave  
Caldwell ID 83605  
208-614-6237  
Hours: Mon to Frid 9 am to 8pm Sat/Sun 9am to 6pm  
Senior Hours: No

Caldwell Meats  
2609 Blaine St  
Caldwell ID 83605  
208-455-1887  
Hours: Mon to Sat 11am to 6 pm  
Senior hours: No

Cliff's Country Market  
217 Blaine St  
Caldwell ID 83605  
208-455-2460  
Hours: 8 am to 7pm closed Sunday  
Senior hours: No

Fred Meyer  
50 2<sup>ND</sup> St S  
Nampa ID 83651  
208-465-2830  
Hours: 7am to 10 pm  
Senior hours: Mon – Thurs 7am to 800am

Greenleaf Store  
21358 Main St  
Greenleaf ID 83626  
208-459-3248  
Hours: Mon to Fri 8am to 5pm Sat/Sun closed

Grocery Outlet  
4907 Cleveland Blvd  
Caldwell, ID 83605  
208-455-1099  
Hours: 8am to 9pm 7 days a week  
Senior hours: No

Logans Market  
801 Main St  
Marsing ID 83639  
208-896-4222  
Hours: 8am to 7pm 7 days a week  
Senior: No

M and W  
109 E Grove Ave  
Parma ID 83660

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208-722-6373

Hours: Mon to Sun 7am to 9pm

Senior: Mon Wed 7 am to 8am Sat 7am to 9am

Matteson's Country Store

124 5<sup>th</sup> St #5540

Wilder ID 83676

208-482-9210

Store hours: Mon to Sat 5 am to 10pm Sunday 6am to 10pm

Senior hours: No

Pantera Market

2502 E Linden

Caldwell ID 83605

208-455-1908

Hours: 8 am to 8pm 7 days a week

Senior Hours: No

Pantera Market # 2

1802 N Franklin Blvd

Nampa ID 83687

208-461-1110

Hours: Monday to Friday 9am to 7pm (Store) Sat/Sun 8am to 9am

Senior Hours: No

Ridley's

430 E Main St

Middleton ID 83644

208-585-3043

Hours: 7am to 11 pm 7 days week

Senior Hours: Mon — Wed 6am to 7am

Walmart

5108 Cleveland Blvd

Caldwell ID 83607

208-455-0066

Store Hours: 7am to 830pm

Pharmacy Hours: 8am to 7pm

Senior hours: Tuesday 6 am to 7am.

Winco

2020 Caldwell Blvd

Nampa, ID 83651

208-466-3325

Hours: 5 am to 10pm (Subject to change)

Senior Hours: Tuesday and Thursday 6 am to 7:30 am

**Hotels (Reduced Rates)** [Return to Region 3 Menu](#)

Budget Inn

512 E Frontage Rd

Caldwell ID 83605

[Return to Main Menu](#)

208-455-0080

Reduced rate (subject to change) \$59 per day

Fairfield Inn and Suites

16150 N Merchant Way

Nampa ID 83687

208-467-5888

Reduced rate for healthcare workers \$79 per day

Holiday Inn Nampa

16245 N Merchant Way

Nampa ID 83687

208-468-0944

Discount for essential government workers or EMS staff (with valid work badge to confirm)

\$96 government worker \$85 EMS

Only until end of pandemic

Holiday Inn Express and Suites

4104 E Flamingo Ave

Nampa ID 83687

208-466-4045

Pay for one night then 50% off for up to seven nights.

1<sup>st</sup> night may be \$119

La Quinta

901 Specht Ave

Caldwell ID 83605

208-455-2222

Rates reduced to \$72 per night

Payette Motel

625 S Main St

Payette ID 83661

208-642-2203

\$60 per night. Not reduced but only motel in Payette

Sleep Inn

1315 Industrial Rd

Nampa ID 83687

208-463-6300

Healthcare, essential workers, Fire department, police officers

Daily rate \$65 single, \$70 double. Discount 26% off

Super 8  
624 Northside Blvd  
Nampa ID 83687  
208-936-2005

People who have been displaced, due to Covid-19, get the weekly rate of \$51.36 per night

**Pets** [Return to Region 3 Menu](#)

Red Rover has grants for vet care, emergency boarding, and pet food

<https://redrover.org/2020/03/23/coronavirus-covid19/>

West Valley Humane Society  
5801 Graye Ln  
Caldwell ID83607  
208-455-5920  
Hours: 9am to 4pm mon to Saturday  
Adoption by appointment only

Pet Haven Cat Adoption Center  
333 Orchard Ave  
Nampa ID 83651  
208-466-1298  
Mon- closed. Tues to Fri 10am to 6pm Sat 12pm to 4pm Sun closed

Furever Haus  
411 E Locust Ln  
Nampa ID 83686  
208-720-3897  
Hospice for Senior pets. Available to complete pet intake by phone.

Payette Partners Rescue Ranch  
5138 Blaine RD  
New Plymouth ID 83655  
208-697-6584 (Message number only)  
Hours: 9am to 5pm

Pet Adoption League  
1526 N Washington Ave  
Emmett  
ID 83617  
208-365-1359  
Pet food pantry: Called and leave a msg at office number. Or emails [aalofgc@gmail.com](mailto:aalofgc@gmail.com)  
Adoptions appt only. Email [Palofgc@gmail.com](mailto:Palofgc@gmail.com)

## Recovery Centers

Gem County Recovery Community Center  
115 S McKinley St  
Emmett, ID 83617  
208-398-5151

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Canyon Recovery Community Center  
524 Cleveland Blvd. Ste. 230  
Caldwell, ID 83605  
208-800-0444

### Shelter Updates [Return to Region 3 Menu](#)

All the agencies listed below have Covid-19 screening processes that consist of clients completing a written Covid-19 exposure/symptom questionnaire, temperature is taken, and masks are issued/worn inside their facilities by staff and clients.

Valley Women and Children's Shelter  
869 W Corporate Ln  
Nampa ID 83651  
208-475-0725  
Beds available.

If patient has been exposed to Covid will need to test. They have availability to quarantine if needed.

Lighthouse Rescue Mission  
304 16<sup>th</sup> Ave  
Nampa ID 83687  
208-461-5030

Overnight shelter call 208-461-5030 or drop by

Meals: Breakfast 6am, Lunch 12am, dinner 630pm (open to women, children and men)

Staff member was not sure what restrictions were in place at this time but indicated they do have an area to quarantine someone if needed.

Hope's Door  
Caldwell ID 83605  
208-459-4779

At this time, they are full. They do have a waitlist at this time. They are doing waitlist intake over the phone Monday to Friday 9am to 5pm.

## Region 4 — Ada, Boise, Elmore, Valley

Click a topic below to view resources.

[Health and Welfare Behavioral Health Offices](#)

[Behavioral Health Hospitals](#)

[Boise School District SAFE \(Student Aid Fund for Emergencies\) Hotline](#)

[COVID-19 Support Group](#)

[Court Assistance](#)

[Crisis Centers](#)

[Diapers](#)

[Food \(foodbanks, meal assistance, schools, etc.\)](#)

[Grocery Store Speciality Hours](#)

[Hotels \(Reduced Rates\)](#)

[Housing](#)

[Pets](#)

[Recovery Centers](#)

[Shelter Updates](#)

[Transportation](#)

## Health and Welfare Behavioral Health Offices [Return to Region 4 Menu](#)

Boise: 208-334-0808 x2  
Mountain Home: 208-334-0808 x2

## Behavioral Health Hospitals [Return to Region 4 Menu](#)

Intermountain Hospital  
303 N Allumbaugh St, Boise 208-377-8400

St. Al's Behavioral Health Hospital  
131 N Allumbaugh St, Boise 208-302-0900

Lifeways Hospital  
8050 W Northview, Boise 208-327-0504

Cottonwood Creek Behavioral Health  
2131 S Bonito Way, Meridian 208-202-4700

## Boise School District SAFE (Student Aid Fund for Emergencies) Hotline

Call 208-472-2233. English, Spanish, Arabic, and Swahili speakers are available to discuss topics such as groceries, pharmacy needs, laundry, rental, internet, and utility supports. If your child is not in the Boise school district, please call your child's school for further details.

## COVID Support Group [Return to Region 4 Menu](#)

A Body and Mind virtual "Coping with COVID 19 Support Group" starts Thursday, May 14<sup>th</sup> from 1000 AM to 1200 PM. Call 208-683-8320 to sign up (Medicaid and self-pay accepted).

## Court Assistance

Jesse Tree Eviction Court assistance  
Complete this referral form: <https://www.jesstreeidaho.org/eviction-court>  
SW will reach out to you and help find a pro bono attorney to help during your eviction court hearing. The agency has also received private donations due to COVID to offer additional help such as rental arrears, deposit assistance, etc. in eviction court.

## Crisis Centers [Return to Region 4 Menu](#)

Pathways Crisis Center  
7192 Potomac Dr, Boise  
208-489-8311

Pathways is helping with medical clearance for voluntary mental health hospital admissions, again please call 208-489-8311 for information (24/7 availability). Additionally, Pathways can help individuals attend telehealth appointments if they do not have a smart phone or viewing device. Individual can call Pathways to discuss scheduling options (M-F 8 AM-5 PM): 208-489-8311.

## Diapers [Return to Region 4 Menu](#)

Idaho diaperbank: <http://www.idahodiaperbank.org/>



## Food (foodbanks, meal assistance, schools, etc.) [Return to Region 4 Menu](#)

Idaho foodbank: <https://idahofoodbank.org/>

Ada County

<https://selfrescuemanual.com/> pages 16-18

City of Boise Interactive Food Map

<https://www.arcgis.com/apps/Nearby/index.html?appid=749daaeff57f4814977a83e3daffc41e&center=-116.2007,43.6162&level=14>

## Grocery Store Speciality Hours [Return to Region 4 Menu](#)

Some store have hours for first responders and healthcare professionals, please call your local store for more information (Costco- show badge for fast pass admission during specialty hours)

Most grocery stores have hours for elderly consumers, please call your local store for details if not listed below:

Albertsons

All Albertsons grocery locations

Special shopping hours for the most at-risk populations (i.e. elderly, expectant mothers)  
7am-9am on Tuesdays and Thursdays

Boise Co-Op

Boise, Meridian

Phone: 208-472-4500

Hours of Operation: 9am-8pm daily

Shopping hour for 60+ 8am-9am daily.

Please bring ID for age verification.

Boise Farmer's Market

The opening of the Boise Farmer's Market has been postponed, but they have compiled a list of their local vendors who are offering delivery or pickup.

Costco

Seniors and those with a physical disability Tuesday and Thursday 8am - 9am

Fast pass for 1<sup>st</sup> responders and healthcare workers

CVS Pharmacy

Free delivery of prescriptions and other essentials, video visit with health care practitioner, early prescription refills and 90 day prescription supply (on some prescriptions)

Fred Meyer

Senior shopping hour 7-8am, Monday — Thursday

Life's Kitchen

Treasure Valley

208-331-0199

Lunch: Tuesday - Friday 11am to 1pm. Curbside delivery.

Call in orders to 208-331-0199 X303.

[Return to Main Menu](#)

Ridley's Family Markets  
Senior shopping from 6 am-7 am daily

Rite Aid  
Senior/weakened immune system shopping hours everyday from 9am-10am

Stinker Gas Stations in Albertsons' Parking Lots  
Employees available to pump gas for seniors 7am-9am Tuesday and Thursday

Target  
The first hour of shopping each Wednesday is reserved for vulnerable guests such as elderly and those with underlying health concerns.

Walgreens  
Senior shopping 8am-9am every Tuesday, free prescription delivery to your door

Walmart  
Senior hour Tuesdays from 6-7am. Vision and pharmacy also open.

Whole Foods  
Guests 60+ can shop between 7am-8am

WinCo  
Guests 60+ and vulnerable populations can shop 6am-7:30am Tuesdays and Thursdays

### **Hotels (Reduced Rates)** [Return to Region 4 Menu](#)

Boise State University has opened its dorms to first responders and healthcare workers who need to isolate during the pandemic.

Holiday Inn  
2970 Elder St., Boise  
208-344-7444  
\$59/night group rates

Hampton Inn  
3270 S. Shoshone St., Boise  
208-344-7444  
\$59/night group rates

Holiday Express  
3050 S Shoshone St., Boise  
208-342-4322  
\$59/night group rates

La Quinta  
2613 S Vista Ave., Boise  
208-338-0800  
\$59/night group rates

Fairfield Inn  
3300 S Shoshone St., Boise  
208-331-5656  
\$59/night group rates

## Housing

Boise City/Ada County Housing Authorities is accepting applications for Emergency Rental Assistance for Ada County renters. For more information call **(208) 363-9710** or visit <https://erap.bcacha.org/>.

**Pets** [Return to Region 4 Menu](#)

Red Rover has grants for vet care, emergency boarding, and pet food  
<https://redrover.org/2020/03/23/coronavirus-covid19/>

Idaho Humane Society  
<https://en-gb.facebook.com/idahohumanesociety>

## Recovery Centers

P.E.E.R Wellness Center  
5371 Franklin Road  
Boise, ID 83705  
208-991-3681

**Shelter Updates** [Return to Region 4 Menu](#)

Due to the oppressive heat and the lack of spaces for our vulnerable community members during COVID, Interfaith Sanctuary, CATCH, the Boise Public Library and SHIP have teamed up together to provide a staffed, cooling space in the downtown Boise Public Library. While individuals are at the library, they have the opportunity to connect with Interfaith case managers or Our Path Home Outreach workers. We're hoping that this can be an opportunity for people who struggle to engage with services and get some of the basic things they need, like IDs, social security cards, housing connections, etc. Please see below for details.

### Boise Public Library

Open from 10am-1pm and 2:30-4:30pm Monday through Friday.

- Currently working on a plan to staff the library on weekends.
- Enter through the back of the building (there are signs).
- Closed from 1-2:30. All guests are invited to Interfaith for lunch.

[Return to Main Menu](#)

- There is a shuttle to and from the library for individuals with mobility issues. It departs from in front of Corpus Christi (the location may change, but any changes will be communicated). People need to sign up for the shuttle at Interfaith or Our Path Home Outreach.
- Masks are required and provided for those who do not have one.

### **Corpus Christi House- Day Shelter**

Current Hours - Mon-Sat, 10-2 for showers and storage

Mon- Sat, 12-2 for computers, mail, and bus passe

\*\*No meals are being served at Corpus at this time.

### **Interfaith Sanctuary- Night Shelter**

- Currently accepting single individuals (adults) into the shelter, check in starts at 4pm.
- Currently there are no available rooms at the Red Lion for families or medically fragile individuals,
- Not accepting out of state guests.
- Intake is on a case by case basis for clients who been asked or choose to leave River of Life and go to Interfaith.
- Meals are currently out back
  - Breakfast is at 8:00, 8:30 Mon-Fri; 9:00, 9:30 Sat-Sun
  - Lunch is at 1:30
  - Dinner is at 5pm, with seconds going out (if available) around 6pm

### **Boise Rescue Mission**

City Light- Women and children can go in and out. Check in is at 4pm.

River of Life- Currently, all facilities are operating under our normal intake procedures with the addition of continued screening questions for COVID-19 symptoms or exposures. Daily temperature checks are required on everyone who comes in.

### **Transportation** [Return to Region 4 Menu](#)

**Injury Care EMS COVID related transportation:** Injury Care EMS and Resilient Transport provide patient transport and EMS services for the Boise area. These services include ALS, BLS and Critical Care ambulance capabilities, as well as non-medical transports for patients in wheelchairs or needed gurney transports. Typically, wheelchair and gurney transports are utilized for planned events, like going to a doctors' appointment or testing. Ambulance services are used for unplanned or urgent trips to a higher level of care, usually a hospital.

- Transportation service is available 24/7, and can be provided to both Ada/Canyon County, services provided outside the Treasure Valley will be evaluated case-by-case.
  - Transportation to COVID19 testing sites
  - Transportation to Hospital or respective clinic for COVID19 related services

- Transportation for COVID19 patients who are discharged from the Hospital
- To schedule, call Injury Care EMS (Dispatch) 208-914-3846.
  - If a billing payer is available (Medicaid, Insurance etc.) EMS Transportation will bill accordingly, directly to the payer
  - If there is not a payer (Medicaid, Insurance etc.) there will not be a charge for COVID19 related services (Testing, treatment etc.)

## **Region 5 — Blaine, Camas, Cassia, Gooding, Jerome, Lincoln, Minidoka, Twin Falls**

Click a topic below to view resources.

[Health and Welfare Behavioral Health Offices](#)

[Behavioral Health Hospitals](#)

[Crisis Centers](#)

[Diapers](#)

[Food \(foodbanks, meal assistance, schools, etc.\)](#)

[Grocery Store Speciality Hours](#)

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## Health and Welfare Behavioral Health Offices [Return to Region 5 Menu](#)

Burley  
208-677-5390  
2241 Overland Ave  
Burley, ID 83318

Twin Falls  
208-736-2177  
823 Harrison  
Twin Fall, ID 83301

## Behavioral Health Hospitals [Return to Region 5 Menu](#)

St. Luke's Canyon View Hospital  
228 Shoup Ave, Twin Falls  
208-814-7900

## Crisis Centers [Return to Region 5 Menu](#)

Crisis Center of South Central Idaho  
1-866-737-1128  
570 Shoup Ave, Twin Falls

## Diapers [Return to Region 5 Menu](#)

Idaho diaperbank: <http://www.idahodiaperbank.org/>

## Food (foodbanks, meal assistance, schools, etc.) [Return to Region 5 Menu](#)

Idaho foodbank: <https://idahofoodbank.org/>

Idaho School Feeding Sites  
<https://batchgeo.com/map/3195baf394a7f7db04ce06c69b17842f>

Salvation Army  
348 4th Ave N. Twin Falls 208-733-8720  
Bread line:  
Tuesday & Wednesday 10:30am- 1pm, Thursday 10:30 am -1pm & 2pm -4pm  
Food boxes for elderly and families with children:  
Monday 9:30am -1pm; appointments available 2pm -4pm  
Tuesday 10:30am -1pm & 2pm -4pm  
Wednesday 10:30am -1pm; appointments available 2pm -4pm  
Thursday 10:30am -1pm and 2pm-4pm

Blaine County Hunger Coalition  
121 Honeysuckle St.  
Bellevue, Idaho  
208-788-0121

Martha and Mary's Food Pantry

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212 3rd Ave E  
Jerome, Idaho  
208-404-6610

Wendell Food Pantry  
335 East 1st Ave E.  
Wendell, Idaho  
208-536-6635

Helping Hands Christian Outreach  
1250 Miller Ave.  
Burley, Idaho  
208-878-9140

Lighthouse Pentecostal Church of God  
500 5th St.  
Filer, Idaho  
208-543-4647

W.E.M.A . Emergency Food Pantry  
908 Maple Street  
Buhl, Idaho  
208-329-2393  
1st, 3rd, and 4th Tuesday 1:30 PM-4:30PM  
2nd Wednesday 1:30PM-4:30PM

Mini-Cassia Area Humanitarian Center  
723 F St.  
Rupert, Idaho  
208-261-2533

Mountain View Food Pantry  
317 Mountain View Lane  
Burley, Idaho  
208-678-5460

Rock Creek Food Pantry  
325 ½ Madison St.  
Kimberly, Idaho  
208-212-0787  
First Tuesday of the Month 4:30PM-7:00PM  
Third Tuesday of the month 4:30PM-7:00PM

South Central Community Action Partnership  
550 Washington St South  
Twin Falls, Idaho  
208-733-9351  
314 East 5th St.  
Burley, Idaho  
208-678-3514

Light of Hope  
213 5th Ave. W.  
Twin Falls, Idaho  
208-735-8787  
Thursdays 2PM-4PM

Mustard Seed Community Services  
736 Main Ave. N.  
Twin Falls, Idaho  
208-733-9515  
Monday- Thursday 1 PM-4 PM

### **Grocery Store Speciality Hours** [Return to Region 5 Menu](#)

Some store have hours for first responders and healthcare professionals, please call your local store for more information (Costco- show badge for fast pass admission during specialty hours)

Most grocery stores have hours for elderly consumers, please call your local store for details if not listed below:

Albertson's  
Senior hours: Tuesday & Thursday 7 a.m.-9 a.m.

Atkinsons Market  
208-788-2294  
[www.atkinsons.com](http://www.atkinsons.com)  
Home delivery available

Costco  
Senior hours: Tuesday & Thursday 8 a.m.- 9 a.m.

Fred Meyer  
Senior hours: Daily 7 a.m. to 8 a.m.

Ridley's Family Market  
Senior hours: Monday & Wednesday 6 a.m. to 7 a.m.

Walmart  
Senior hours: Tuesday 6 a.m. to 7 a.m.

Smith's Food  
Senior hours: Monday, Wednesday, Friday 7 a.m. to 8 a.m.  
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Stokes Fresh Food Market Monday,  
Senior hours: Wednesday, Friday 7 a.m. to 8 a.m.

Winco  
Senior hours: Tuesday & Thursday 6 a.m. to 7:30 a.m.

**Hotels (Reduced Rates)** [Return to Region 5 Menu](#)

My Place Hotel  
440 N Haven Dr.  
Twin Falls, Idaho  
208-733-0999

Holiday Inn Express  
1554 Fillmore St.  
Twin Falls, Idaho  
208-732-6001

SureStay Hotel by Best Western  
1260 Blue Lakes Blvd. N.  
Twin Falls, Idaho  
208-734-5801

Hampton Inn  
1658 Fillmore St.  
Twin Falls, Idaho  
208-734-2233

560 Hampton Drive  
Burley, ID 83318  
(208) 878-7040

Quality Inn  
1910 Fillmore St. N  
Twin Falls, Idaho  
208-734-7494

Best Western Plus Burley Inn & Convention Center  
800 N Overland Ave.  
Burley, Idaho  
208-678-3501  
Discount rate \$80

Fairfield Inn & Suites by Marriott  
230 W 7th St. N.  
Burley, Idaho  
208-677-5000

Super 8 by Wyndham  
336 S 600 W  
Heyburn, Idaho  
208-678-7000

**Pets** [Return to Region 5 Menu](#)

Red Rover has grants for vet care, emergency boarding, and pet food  
<https://redrover.org/2020/03/23/coronavirus-covid19/>

Fairview Veterinary Center (Buhl)  
702 US-30 Buhl, Idaho 83316  
Phone: 208-543-2600

City of Burley Animal Control  
2020 Parke Ave, Burley, Idaho 83318  
Phone: 208-878-2258

Jerome Animal Shelter  
819 N Ironwood St Jerome, Idaho 83301  
Phone: 208-324-8436

Mountain Humane (Hailey)  
101 Croy Creek Road, Hailey, Idaho 83333  
Phone: 208-788-4351

Sawtooth Animal Center Bellevue  
208-788-4114  
[www.sawtoothanimalcenter.com/](http://www.sawtoothanimalcenter.com/)

Twin Falls Humane Society  
420 Victory Ave, Twin Falls, Idaho 83301  
Phone: 208-736-2299

Wendell Animal Control  
210 Shoshone St. Wendell, Idaho 83355  
Phone: 208-538-426

**Recovery Centers** [Return to Region 5 Menu](#)

Recovery in Motion  
560 Shoup Ave W  
Twin Fall, ID 83301  
208-712-2173

NAMI Wood River Valley  
Hosting Zoom support groups  
208-481-0686  
<https://nami-wrv.org/>

**Shelter Updates** [Return to Region 5 Menu](#)

The Advocates 208-788-4191 <https://www.theadvocatesorg.org/>

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## Region 6 — Bannock, Bear Lake, Bingham, Caribou, Franklin, Oneida, Power

Click a topic below to view resources.

[Health and Welfare Behavioral Health Offices](#)

[CMH Student Support](#)

[Crisis Centers](#)

[Diapers](#)

[Food \(foodbanks, meal assistance, schools, etc.\)](#)

[Grocery Store Speciality Hours](#)

[Hotels \(Reduced Rates\)](#)

[Pets](#)

[Recovery Centers](#)

[Shelter Updates](#)

## Health and Welfare Behavioral Health Offices [Return to Region 6 Menu](#)

Blackfoot 208-785-5871  
Pocatello 208-234-7900  
Preston 208-234-7900

## CMH Student Support [Return to Region 6 Menu](#)

208-234-7900  
Covers school districts in Power, Bannock, Oneida, Caribou, Franklin, and Bear Lake counties  
Clinicians are available to talk about online class stress, loneliness, and isolation.

## Crisis Centers [Return to Region 6 Menu](#)

SE Idaho Behavioral Health Crisis Center  
1001 N 7<sup>th</sup> Ave, Ste 160

## Diapers [Return to Region 6 Menu](#)

Idaho diaperbank: <http://www.idahodiaperbank.org/>

## Food (foodbanks, meal assistance, schools, etc.) [Return to Region 6 Menu](#)

Idaho foodbank: <https://idahofoodbank.org/>

Idaho School Feeding Sites

<https://batchgeo.com/map/3195baf394a7f7db04ce06c69b17842f>

God's Home of Compassion  
845 Hyde Ave Pocatello, Idaho 83201  
[208-236-0075](tel:208-236-0075)  
Tuesday, 10am – 1pm; W & Th, 9am – 12pm Food Pantry

Pocatello First United Methodist Church  
200 N 15th Ave Pocatello, Idaho 83201 [208-232-1353](tel:208-232-1353)  
[Get Directions](#) Breakfast: 4th Sunday of the Month, 7:30 – 10am Free Meal Site

St. Vincent de Paul-Pocatello  
855 S 2nd Ave Pocatello, Idaho 83201  
[208-478-2062](tel:208-478-2062)  
Wednesday, 10am – 1pm Food Pantry

My Brother's Table  
248 N Arthur Pocatello, Idaho 83204  
[208-237-3064](tel:208-237-3064)  
Pantry and Free Meal Site: Sunday 1:30-3:00pm

Valley Mission Food Pantry  
408 N Arthur Ave Pocatello, Idaho 83204  
[208-232-6305](tel:208-232-6305)  
Updated Hours: Thursday, 3:30 – 6pm

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Gate City Christian Church  
202 W Siphon Rd Chubbuck, Idaho 83202  
[208-237-5002](tel:208-237-5002)  
Friday, 3-6 PM Food Pantry

Bannock County Mobile Pantry - McCammon  
403 W. 16th (LDS Church) McCammon, Idaho 83250  
Every 3rd Th of Month, 10:30am - 12:30pm Mobile Pantry

Caribou County Mobile Pantry - Soda Springs  
40 W Center (Emergency Services Building) Soda Springs, Idaho 83276  
Third Thursday of Month, 10:30 am - 12:00pm

Idaho Food Bank  
Emergency food bags can be picked up daily

### **Grocery Store Speciality Hours** [Return to Region 6 Menu](#)

Some store have hours for first responders and healthcare professionals, please call your local store for more information (Costco- show badge for fast pass admission during specialty hours)

Most grocery stores have hours for elderly consumers, please call your local store for details if not listed below:

Ridley's (Pocatello)  
6-7 am Monday/Wednesday

Bi-Lo (Pocatello)  
8-9 am Monday-Saturday

Winco (Pocatello)  
6-7:30 am Tuesday/Thursday

Fred Meyer (Pocatello)  
7-8 am Monday — Thursday

Albertson's (Pocatello)  
7-9 am Tuesday/Thursday

Smiths (Pocatello)  
7-8 am Monday/Wednesday/Friday

Broulims (Soda Springs)  
6-7 am Monday/Wednesday/Friday

Lallatin (Soda Springs)  
7-8 am Daily and Curbside delivery

Broulims (Montpelier)  
6-7 am Monday/Wednesday/Friday

Stokes (Preston)  
7-8 am Tuesday/Thursday

Kens (American Falls) Curbside delivery

### **Hotels (Reduced Rates)** [Return to Region 6 Menu](#)

Clarion Hotel closed for pandemic.

All hotels have discounted rates, but none with specific COVID 19 rates.

### **Pets** [Return to Region 6 Menu](#)

Red Rover has grants for vet care, emergency boarding, and pet food  
<https://redrover.org/2020/03/23/coronavirus-covid19/>

Pocatello Animal Service  
3100 Avenue of the Chiefs  
Hours: M-F 10-5, Sat 11-5  
Phone: 208-234-6156

### **Recovery Centers** [Return to Region 6 Menu](#)

Hope and Recovery Resource Center  
210 E Center Street Suite D  
Pocatello, ID 83201  
208-417-1749

### **Shelter Updates** [Return to Region 6 Menu](#)

Aide for Friends  
653 South 4<sup>th</sup>  
208-232-5669

This shelter is no longer taking any new admissions until restrictions from COVID-19 have been lifted.

Family Services Alliance of SE Idaho (domestic violence shelter)  
355 S Arthur Ave, Pocatello  
208-232-0742

## Region 7 — Bonneville, Butte, Clark, Custer, Fremont, Jefferson, Lemhi, Madison, Teton

Click a topic below to view resources.

[Health and Welfare Behavioral Health Offices](#)

[Behavioral Health Hospitals](#)

[Crisis Centers](#)

[Diapers](#)

[Food \(foodbanks, meal assistance, schools, etc.\)](#)

[Grocery Store Speciality Hours](#)

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## **Health and Welfare Behavioral Health Offices** [Return to Region 7 Menu](#)

Idaho Falls 208-528-5700  
Rexburg 208-528-5700  
Salmon 208-528-5700

## **Behavioral Health Hospitals** [Return to Region 7 Menu](#)

Portneuf Behavioral Health Inpatient  
777 Hospital Way, Pocatello  
208-239-2571

## **Crisis Centers** [Return to Region 7 Menu](#)

Behavioral Health Crisis Center of East Idaho  
1650 N Holmes Ave, Idaho Falls

## **Diapers** [Return to Region 7 Menu](#)

Idaho diaperbank: <http://www.idahodiaperbank.org/>

## **Food (foodbanks, meal assistance, schools, etc.)** [Return to Region 7 Menu](#)

Idaho foodbank: <https://idahofoodbank.org/>

Idaho Falls Community Food Baskets  
245 N Placer Ave  
208-524-0994

Soup Kitchen  
208-557-5750

The Salvation Army  
605 N Blvd 208-522-7200

Idaho Falls Rescue Mission  
840 Park Ave  
208-552-5575

Mana Food Pantry  
The Idaho Food Bank  
211 S 45 W  
208-200-3950

St Vincent De Paul  
805 S Holmes St  
208-522-6280

City of Refuge  
840 Park Ave  
208-552-5575  
Bishop's Storehouse 770 W Anderson 208-529-2201  
Community Food Bank 1895 N Blvd 208-524-0994

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Blackfoot Community Pantry  
208-557-4289

Bishops Storehouse, Blackfoot  
208-785-2020

Rexburg Family Crisis Center  
208-356-0065

EICAP, Rexburg  
208-356-8849

Salmon Assembly of GOD  
208-756-3393

### **Grocery Store Speciality Hours** [Return to Region 7 Menu](#)

Some store have hours for first responders and healthcare professionals, please call your local store for more information (Costco- show badge for fast pass admission during specialty hours)

Most grocery stores have hours for elderly consumers, please call your local store for details if not listed below:

Fred Meyers  
Senior hours: 7am – 8am Monday — Thursday

Broulims  
Senior hours: 6am – 7am Monday, Wednesday, Friday

Target  
Senior hours: 8am- 9am Tuesday, Wednesday

Walmart  
Senior hours: 7am- 8:30am Everyday (Ending on 4/28/2020)

### **Hotels (Reduced Rates)** [Return to Region 7 Menu](#)

Hilton Garden Inn  
700 Lindsay Blvd, Idaho Falls 83402  
208-522-9500

### **Pets** [Return to Region 7 Menu](#)

Red Rover has grants for vet care, emergency boarding, and pet food  
<https://redrover.org/2020/03/23/coronavirus-covid19/>

Idaho Falls Animal Shelter  
2450 Hemmert Ave, Idaho Falls  
208-612-8671

Snake River Animal Shelter

3000 Lindsay Blvd, Idaho Falls  
208-523-4219

Bonneville Humane Society  
444 N Eastern Ave, Idaho Falls  
208-529-9725

Blackfoot Animal Shelter  
208-785-6897

Lemhi County Humane Society, Salmon  
208-756-4100

Rexburg Animal Services  
208-359-3005

### **Recovery Centers** [Return to Region 7 Menu](#)

The Center for Hope  
Idaho Falls, ID 83401  
208-538-1888

### **Shelter Updates** [Return to Region 7 Menu](#)

Emergency Housing Exchange  
<http://www.ifoutreach.org/ehe.aspx>

Idaho Falls Rescue Mission  
840 Park Ave  
208-552-5575

Haven 208-523-6413